

Proclamation

BOARD OF SUPERVISORS, COUNTY OF ALAMEDA, STATE OF CALIFORNIA

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National Senior Independence Month *February 2010*

WHEREAS, Alameda County is home to more than 150,000 citizens of the SPA Generation (Sixty-Plus Adults); and

WHEREAS, independence is among our most basic and valued rights as we age; and

WHEREAS, an overwhelming number of older adults want to stay in their own homes as they grow older, following their own routines in familiar surroundings; and

WHEREAS, we all want and expect the right to make our own choices and determine how we spend our days; and

WHEREAS, we each have the responsibility of being aware of those rights and advocating for them to ensure the continued independence of today's and tomorrow's older adults; and

WHEREAS, with support from family, friends, service providers, and older adult programs that encourage and contribute to healthy and safe aging, more seniors than ever are staying active, socially connected and vigorous as they grow older; and

WHEREAS, The National Wellness Institute has declared the month of February as "National Senior Independence Month"

THEREFORE BE IT RESOLVED, that this Board of Supervisors does hereby proclaim the month of February as "Senior Independence Month" in Alameda County and call upon our citizens and interested groups to observe the month with appropriate activities that promote safety and continued independence for older adults.

February 9, 2010

ALICE LAI-BITKER, President
Supervisor, Third District

NATE MILEY, Vice President
Supervisor, Fourth District

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Supervisor, First District

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Supervisor, Second District



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