

# ALAMEDA COUNTY SHERIFF'S OFFICE



Maximizing Opportunities  
for Mothers to Succeed

*offered through the*

**ALAMEDA COUNTY SHERIFF'S OFFICE  
INMATE SERVICES UNIT**



*working in partnership with:*



# SANTA RITA JAIL

## INMATE SERVICES UNIT





# M.O.M.S. PROGRAM

September 1999,

Alameda County Sheriff's Office

Maximizing Opportunities

for Mothers to Succeed (M.O.M.S.)

Santa Rita Jail in Dublin, California

*Founders:*

*Charles C. Plummer, Sheriff (Ret.)*

*Sandy Turner, Advocate*



# MISSION STATEMENT

## What we Do and Why

### *MAXIMIZING OPPORTUNITIES FOR MOTHERS TO SUCCEED (M.O.M.S.)*

**Is dedicated to promoting family reunification and the healthy development of children by increasing the capacity of their mothers for self-sufficiency and parent-child bonding. Empowered with new knowledge, treated with respect and dignity and assisted by community resources, incarcerated women (and men) can reverse effects of previous behaviors, life circumstances, build solid foundations for themselves and their children, and avoid repeat incarceration.**

# M.O.M.S. PARTICIPANT

## Profile of Women Participants:

- Women with children
- Charged w/non-violent crimes
- Current or Past Drug/Alcohol Substance Use
  - Victims of Physical/sexual abuse
  - Trauma
  - Education Needs
    - High School Diploma or GED
    - Vocational and job readiness skills
- Co-occurrence of addiction/mental health disorders

# M.O.M.S. PROGRAM PARTICIPATION

There are approximately  
200 women incarcerated at Santa Rita Jail  
representing around 10% of the incarcerated  
daily population.

To date – there have been more than 1,900  
mothers participating in the program.  
*The M.O.M.S. Program currently enrolls  
pregnant and/or parenting women who are  
reunifying with their children.*

# *M.O.M.S.*

## *Program Overview*

- ❖ Santa Rita Jail
- ❖ M.O.M.S. Curriculum
- ❖ Case Management
- ❖ Substance Abuse Counseling
- ❖ Program Collaborations
- ❖ Re-entry
- ❖ Stable Housing



One goal of the M.O.M.S Program is to reduce criminal justice recidivism rates in Alameda County among women offenders, assist them in fulfilling futures for themselves and their children, and avoid repeat incarceration.

It's working: Re-entering individuals involved in Sheriff's Office Programs recidivated at a 15.4 percent lower rate than those not involved in programs.

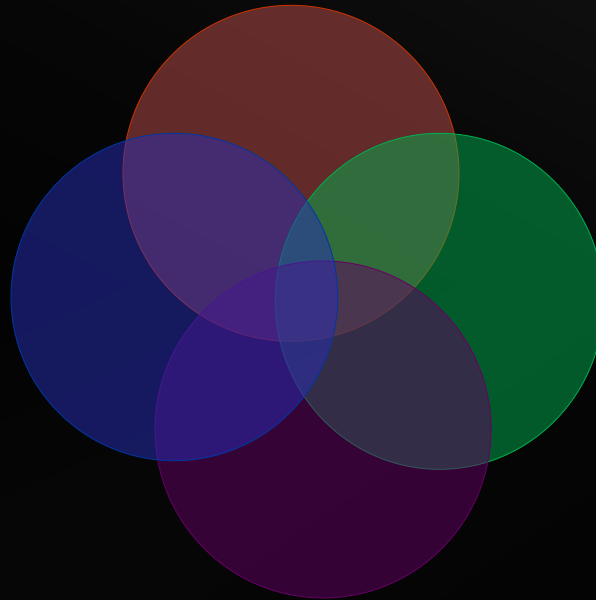
# MOMS PROGRAM ELEMENTS

In Custody Education

Case Management

Housing Assistance

Community Based Services



# PARENTING INSIDE OUT



Classroom Based Parent  
Management Training

Individualized to each  
family

# Parenting Inside Out

- ❑ Nationally Recognized Evidence-Based Program by the National Registry of Evidenced-Based Program and Practices:
  - ❑ Cognitive Behavioral Parent Management Skills Training Program
  - ❑ Outcome-based, developmentally-focused program
  - ❑ Helps parents promote healthy child adjustment, prevent behavior problems, and interrupts the cycle of intergenerational criminality
  - ❑ The program assists parents in developing and refining social and interactional skills and citizenship behaviors.



# Parenting Inside Out

- Program consists of classroom time involving interactive skill building
  - Parenting Coaches
    - Role Play Practice
      - Individual attention
      - Provides parents with feedback after visits and phone calls with the child or child's caregiver
      - Creates plans for child visits
- Parenting Inside Out teaches a way of navigating life that uses:
  - Healthy pro social skills to interact with children, partners, co-parents, officials, friends and family
  - Teaches individuals to be good parents and positive role models in their children's lives

# Parenting Inside Out

## ➤ 12 Week Program

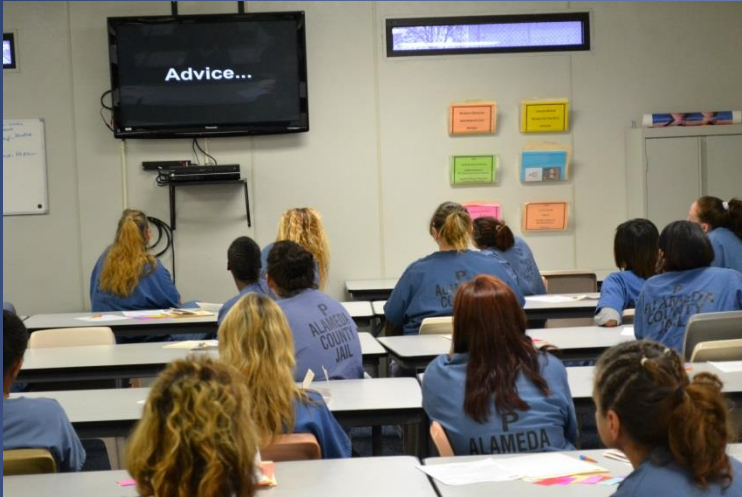
- Includes Homework

## ➤ Topics include

- Learning Environment
- Communication and Problem Solving
- Connecting with your child
- Human Development
- Healthy Families
- Parenting more than one child
- Parenting as individuals
- Family Challenges
- Child Guidance

# Parenting programming

in ACTION



# *M.O.M.S. FAMILY REUNIFICATION*



Of the clients that have remained in contact with the program for a minimum of three months post release,



**58% have either reunified with one or more of their children or have participated in reunification activities within eight months after release.**



# M.O.M.S. CASE MANAGEMENT

The M.O.M.S. Program currently has case managers provided by the Alameda County Sheriff's Office Youth and Family Services Bureau

Case managers track ongoing activities related to the client's Individual Action Plan

Case management is provided for both in custody and out of custody clients

Case managers facilitate the monthly out of custody M.O.M.S. Alumni meetings

# M.O.M.S

## CASE MANAGER SERVICES

- Risk / Needs Assessment
- Help Develop an Individual Action Plan with the client
- Facilitate on site Tenant Meetings
- Collaborate with OHA
- Monitor Client Compliance with the MOMS Program Requirements
- Referrals and Resources\*
- Client Advocacy
- Facilitate Community and Holiday Events

**\*Substance abuse, mental health, housing,  
health care services, employment, education,  
child services, and more.**

# M.O.M.S. PROGRAM PARTNERS

## **Oakland Housing Authority**

Provides M.O.M.S. Program with subsidized housing for graduates in need of transitional housing, monitors client compliance with OHA Policies and requirements

## **UCSF Benioff Children's Hospital Oakland, First Five Early Intervention Program**

Provides clinical case conferences with case managers and provides additional community referrals and resources

## **Youth and Family Services Bureau**

Sheriff's Behavioral Health Unit that provides behavioral health support and linkage to resources for incarcerated and re-entry clients and their families in response to their individual risks and needs



# M.O.M.S. OHA APARTMENTS





# M.O.M.S. RE-ENTRY

## Success Stories:

- Janet: Selected as a Sous Chef
- Jennifer: Earned a Masters Degree
- Elsa: Started her own business
- Danyelle: Reunified with her child from CPS
- Andre became the first male in his family to attend college, while his mother Kelly is attending a different college simultaneously

# M.O.M.S. FUTURE PROGRAMS

Future expansion of Education Programs through Five Keys will include the following evidence-based practices for in-custody classes and classes at the MOMS Complex:

*Parenting Inside Out*  
*Thinking for a Change*

*Cognitive Behavioral Interventions for  
Substance Abuse (CBISA)*

# M.O.M.S. CONTACT INFORMATION

Michael Ladner, Sergeant  
*M.O.M.S. Program Director*

Kelly Glossup, LCSW  
*M.O.M.S. Case Management Coordinator*  
*Youth and Family Services Bureau Manager*

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