

# CATT

## Community Assessment Transport Team



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# BRIEF HISTORY



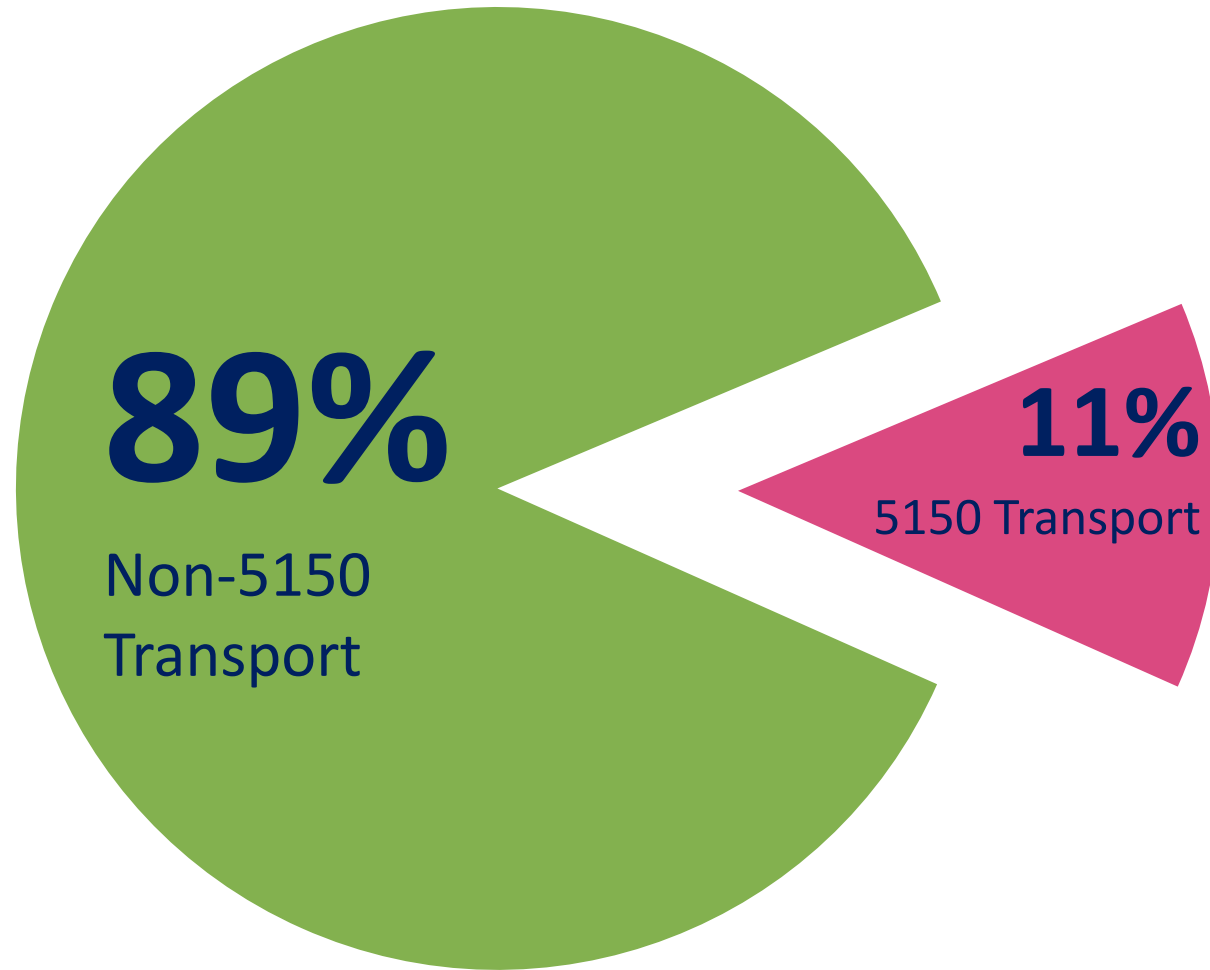
**405,059**  
**911-Emergency**  
**Transports in**  
**Alameda County**  
**(2016-June 30, 2019)**



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# Non-5150 vs. 5150 Transports



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# Historical 5150 Transport Destinations



**43,093**

5150 Transports  
(2016-Q2 2019)



**JOHN GEORGE**  
PSYCHIATRIC HOSPITAL  
A member of Alameda Health System

**44%**

Willow Rock included



**56%**



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# Challenges with Ambulance Response Model

- Ambulance personnel are not trained in delivering psychiatric care and Emergency Departments are not optimal locations for these clients.
- Behavioral health clients are not transported to other - more appropriate - levels of care (e.g., crisis stabilization units, crisis treatment facilities, etc.).
- John George Psychiatric Hospital is overcrowded due to one-solution-for-all model, which doesn't often meet individual needs.
- Transporting behavioral health clients without need for medical attention by 911 ambulance is costly.



# CATT Design Begins in 2018

- Implement and support a crisis response system that reduces the rate of involuntary detentions and increases the efficiency and effectiveness of linking clients to needed services.
- Innovated combination staffing by pairing an EMT and a Behavioral Health Clinician in a non-emergency vehicle.
- Staffing model enables assessment and transport for a broad range of dispositions (Psychiatric Emergency Services, Crisis Residential Treatment Facility, sobering center, shelter, emergency departments, etc.).
- Team will be equipped with technology that helps understand the best diagnosis and disposition possibilities for a client experiencing a behavioral health crisis.



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# CATT FUNDING MEASURE A & MENTAL HEALTH SERVICES ACT (MHSA) Proposition 63

- Measure A provides financial support for emergency medical, hospital inpatient, outpatient, public health, mental health, and substance abuse services to indigent, low income, and uninsured adults, children, families, seniors, and other residents of Alameda County. Measure A funds were utilized to purchase vehicles.
- MHSA - Proposition 63 emphasizes transformation of the mental health system while improving the quality of life for Californians living with a mental illness.



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# CATT & Stakeholders



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## **Alameda County Behavioral Health (ACBH)**

Local health care agency dedicated to maximizing the recovery, resilience and wellness of all eligible Alameda County residents who are developing or experiencing serious mental health, alcohol or drug concerns.

## **Alameda County Care Connect**

An initiative of the Alameda County Health Care Services Agency (HCSA) to improve care for Medi-Cal eligible residents who face the most difficult combination of physical health, mental health, and housing challenges. CATT will work with Care Connect's Community Health Record (CHR), which aims to bring together data from multiple organizations to better share information among providers and improve care coordination efforts.

## **Alameda County Emergency Medical Services**

Plans, implements, and oversees all Emergency Medical Services (EMS) activities conducted in Alameda County.

## **Bonita House, Inc.**

Organization working to build community, dignity, hope and wellness with people recovering from mental health and substance use disorders.

## **FALCK**

Alameda County's 9-1-1 provider



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# Additional support from Board of Supervisors, HCSA finance department, dispatch centers, PD, OPD with Crisis Intervention Training



# CATT Progress Report

- Received \$9,878,082 from Mental Health Services Oversight and Accountability Commission
- Ongoing CATT Program Management
  - CATT Overview Committee to assist with development and oversight
  - CATT Budget Committee to manage finances
  - CATT Training Committee to develop and implement a training curriculum for the CATT EMT and Licensed Clinician



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# CATT Staff

## **Licensed Clinician – Hired by Bonita House**

Licensed Clinician shall complete required BH hiring process.

## **Emergency Medical Technician (EMT) – Hired by Falck**

EMTs shall have 6 Months experience (or FT equivalent hours) as an accredited EMT working on an ambulance.

- Both team members shall demonstrate strong clinical expertise and decision-making skills.
- Both team members shall be successful in completing the EMS and Behavior Health approved Crisis Intervention and CATT Training Programs.



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# CATT TRAINING

- Both team members will have Crisis Intervention Training arranged by Alameda County Behavioral Health Care Services in partnership with Oakland Police Department.
- Both team members will have at least 40 hours of classroom sessions with ongoing curriculum.
- CATT Licensed Clinician will have 5150 certification training to place 5150/5585 (minors) holds.



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# CATT Teams

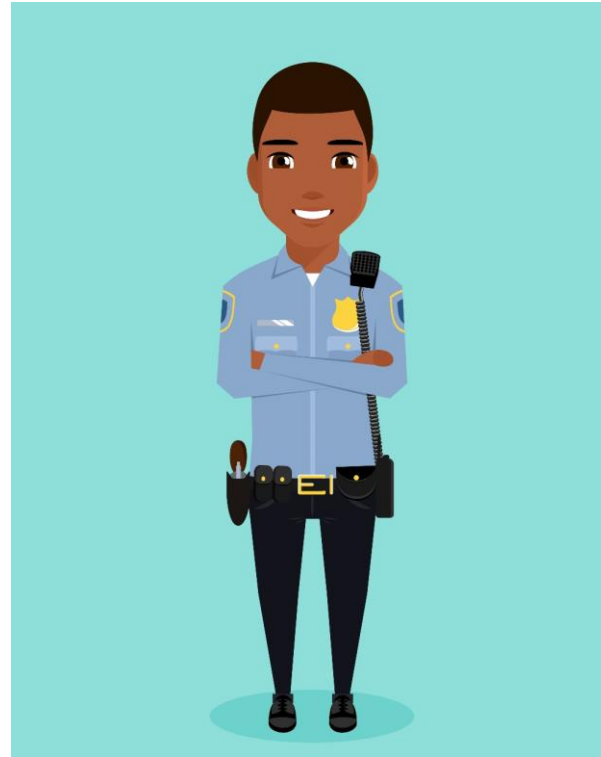


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# POLICE DISPATCHED FOR POSSIBLE BEHAVIORAL HEALTH ISSUE



**OFFICER ARRIVES ON SCENE TO DETERMINE IF PERSON WILL BENEFIT FROM CATT SERVICES**



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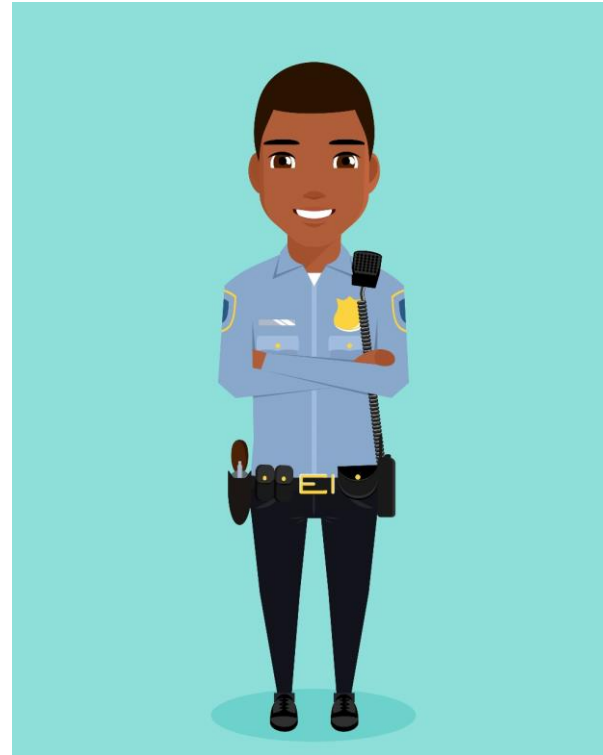
# AMBULANCE TRANSPORT REQUIRED



- NEEDS MEDICAL CARE
- HAS A TRAUMATIC INJURY NEEDS TREATMENT
- UNCOOPERATIVE-NEEDS RESTRAINTS
- UNABLE TO WALK WITHOUT ASSISTANCE



**Officer determines client can benefit from CATT services or would like a consultation.**



**Officer requests CATT to be dispatched to the scene.**



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# CATT Unit

- Comprised of a Licensed Clinician and EMT
- When CATT arrives on scene and they feel comfortable, they will release the Officer and render care to the client.
- The Licensed Clinician has received the necessary training and can write a 5150/5585 hold.





**The Licensed Clinician and EMT can work together to determine if there are any medical concerns or if the client will benefit from alternative resources.**



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# Services Available to CATT Clients

- **Physician or Mental Health Provider's office/clinic**
- **Shelter**
- **Crisis Residential Treatment Facility**
- **Sobering Center**
- **APS or CPS services**
- **Emergency Room, John George Pavilion, or Willow Rock**
- **Other appropriate services**



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Ambulance or CATT

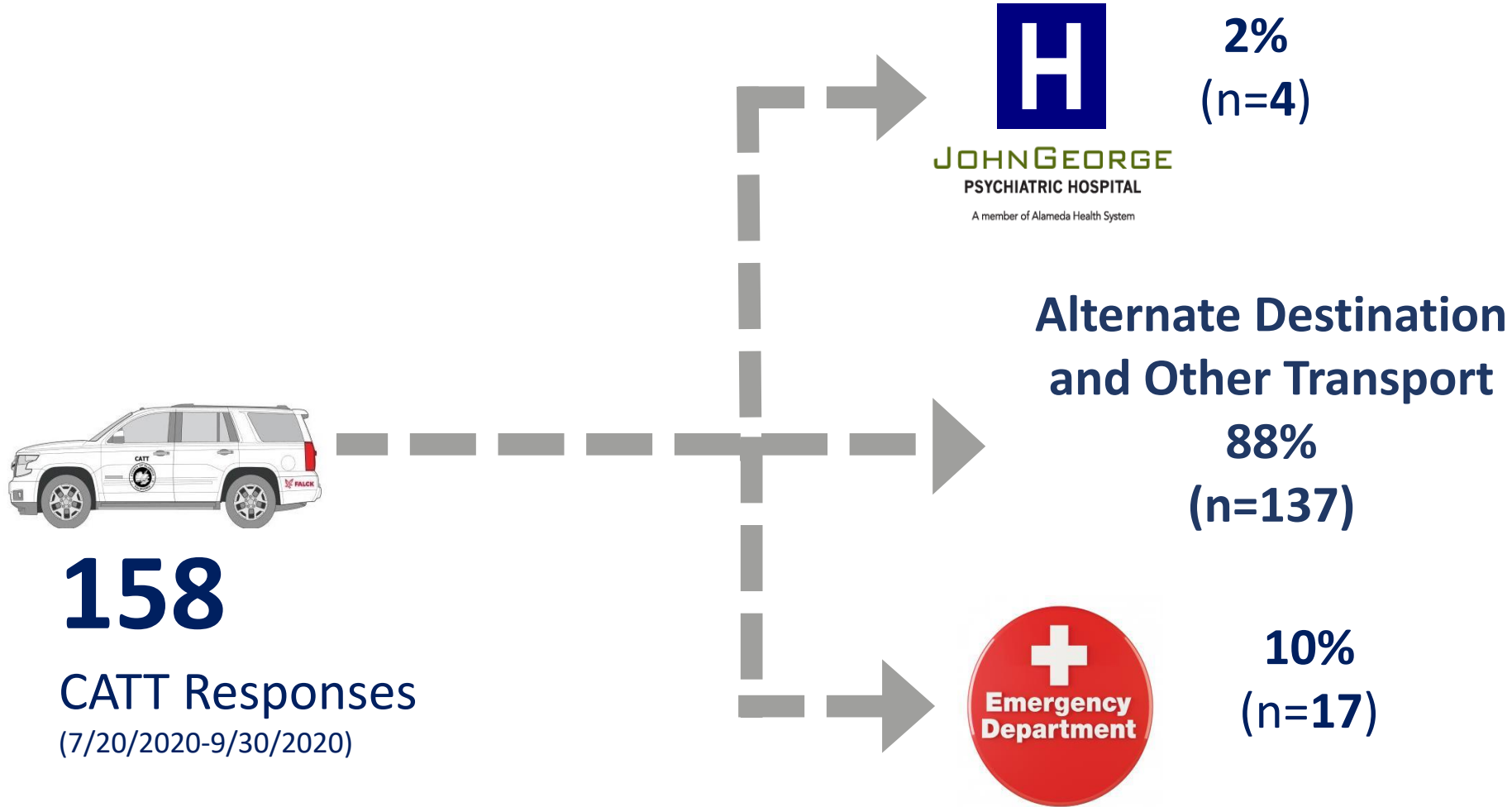


## Assessment, Diversion, Transport, Referral, 5150/5585 Hold, and Transport

- CATT will perform a physical and mental status assessment, in accordance with County protocols.
- CATT will determine a disposition attempting to avoid placing the client on a 5150/5585 hold or transporting to John George Psychiatric Hospital, Willow Rock, or an Emergency Department.
- CATT will be able to utilize ReddiNet and other services to refer the client to an appropriate treatment/crisis facility.



# Current 5150 Transport Destinations





# FINAL NOTES

- The soft rollout for CATT was Monday July 20<sup>th</sup>, 2020.
- The 3 teams are staffed on 8 hour shifts during the weekdays (changing to 12 hours this month). The current schedule has units located in Oakland, San Leandro, and Hayward.
- On October 11, there will be two more teams, so the service area will also include Fremont.
- More teams will be added on February 14, 2021.
- We will be evaluating the CATT program on a regular basis, taking into account the data and input we receive. We will share our updates accordingly.



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# THANK YOU

This project will be a success because of the Incredible support we have received from all of our partners!



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# QUESTIONS?



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