



HEALTH OFFICER JAIL INSPECTION REPORTS - 2018

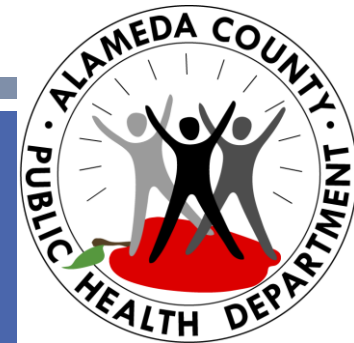
ERICA PAN, MD, MPH

INTERIM COUNTY HEALTH OFFICER

NOVEMBER 8, 2018

PUBLIC PROTECTION COMMITTEE

ALAMEDA COUNTY BOARD OF SUPERVISORS



APPLICABLE CODES & REGULATIONS

Health & Safety Code §101045.

- County health officer shall investigate health and sanitary conditions in every county jail, every other publicly operated detention facility in the county... at least annually.
- Determine if the food, clothing, and bedding is of sufficient quantity and quality
- Meet minimum standards and requirements prescribed by the Board of Corrections for the feeding, clothing and care of prisoners

CA Code of Regulations (CCR) – Title 15

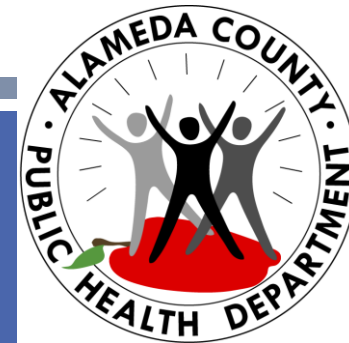
Minimum standards for local detention facilities:

- Article 11 – Medical & Mental Health Services
- Article 12 – Food (Nutrition)



TEAM'S APPROACH TO INSPECTIONS

- Title IV, Article 11 & 12 areas:
 - Medical/Mental Health
 - Food (Nutritional Health)
 - Dental
 - Environmental Health
- Facility Walkthrough
- **Policy & Protocol Review – primary focus**
 - Chart review for screening & PH referrals
 - Inmate interviews
 - Categories requested:
 - Chronic Disease
 - Communicable Disease
 - Mental Health Disorder
 - Pregnancy



TITLE 15, ARTICLE 11: MEDICAL AND MENTAL HEALTH SERVICE POLICIES

- | | | | |
|---------|--|-------|--------------------------------|
| I200. | Responsibility for Health Care Services | I210. | Individualized Treatment Plans |
| I202. | Health Service Audits | I211. | Sick Call |
| I203. | Health Care Staff Qualifications | I212. | Vermin Control |
| I204. | Health Care Staff Procedure | I213. | Detoxification Treatment |
| I205. | Medical/Mental Health Records | I214. | Informed Consent |
| I206. | Health Care Procedures Manual | I215. | Dental Care |
| I206.5 | Management of Communicable Diseases in
a Custody Setting | I216. | Pharmaceutical Management. |
| I207. | Medical Receiving Screening | I217. | Psychotropic Medications |
| I207.5. | Special Mental Disorder Assessment | I219. | Suicide Prevention Program |
| I208. | Access to Treatment | I220. | First Aid Kit(s) |
| I209. | Mental Health Services and Transfer to
Treatment Facility | | |



OTHER APPLICABLE CODES

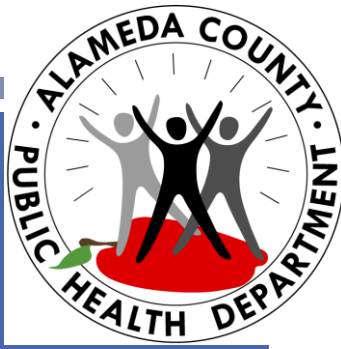
- Title 24 Part 2 § 470.2.12 – Medical Exam Room Availability
- Title 24 Part 2, § 470A.2.13 – Pharmaceutical Storage Space
- Title 24 Part 2 § 470A.2.14 – Medical Care Housing
- Title 24 Part 2 § 470.2.25– Confidential Interview Rooms
- HSC 11222 and 11877 Addicted Arrestee Care
- PC 4023.6 Female Inmates' Physician (Santa Rita Only)
- PC 4023.5 Female Inmate – Personal Care (Santa Rita Only)
- PC 4028 Abortions (Santa Rita Only)

III. MEDICAL/MENTAL HEALTH EVALUATION

Adult Type I, II, III and IV Facilities

ARTICLE/SECTION	YES	NO	N/A	COMMENTS
Article 11. Health Services				
1200 Responsibility For Health Care Services				
The facility administrator has developed a plan to ensure provision of emergency and basic health care services to all inmates.				
Clinical judgments are the sole province of the responsible physician, dentist, and psychiatrist or psychologist, respectively.				
Security regulations are applicable to facility staff and health care personnel.				
At least one physician is available.				
In Type IV facilities where routine health services are provided by access to the community, there is a written plan for the treatment, transfer, or referral of emergencies. <i>(When Type IV facilities provide health services within the facility, they must meet applicable regulations, as do other facilities.)</i>				
1202 Health Service Audits <i>(Applicable to facilities with on-site health care staff)</i>				

POLICY REVIEWS & FACILITY: MEDICAL/MENTAL HEALTH FINDINGS



- For both the Glenn Dyer and Santa Rita facilities, all of the applicable articles and sections required for a Medical/Mental Health Evaluation of a Type II Facility were in compliance.
- Physical inspection of “sick call” rooms and medical care areas demonstrate general compliance with medical/mental policies and procedures
- AED compliance program reviewed with quality control measures in place



CHART REVIEW – GLENN DYER & SANTA RITA JAIL

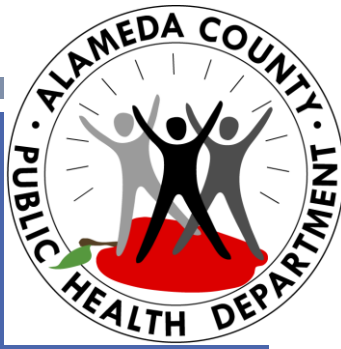
FINDINGS

- Generally within compliance for screening for TB, HIV, STDs, mental health, and other medical protocols with some exceptions:
 - Some missing or inconsistent charting of medications, allergies, or information on reporting form to Public Health
 - Missing documentation on referrals upon discharge

RECOMMENDATIONS

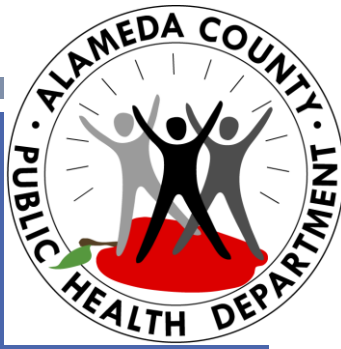
- Continue to improve resources and documentation for medications & health education provided
- Improve discharge planning and referrals for follow up care
- TB:
 - Update protocols to most recent guidelines regarding confirmatory testing & encourage use of short course Latent TB Infection therapy
- STD
 - Follow up with our STD Control Program to provide technical assistance and ensure discharge referrals for treatment follow up

INTERVIEWS & ADDITIONAL FINDINGS: MEDICAL/MENTAL HEALTH



- All were aware of medical conditions, potential health complications, the importance of medications and dietary needs.
- Access to mental health providers is a challenge, increased staffing of mental health service providers and deputies to improve access of providers to inmates is needed.
- Access to spaces for confidential assessments and mental health services is limited and could be improved

TITLE 15, ARTICLE 12: NUTRITIONAL HEALTH POLICIES



I230. Food Handlers

I240. Frequency of Serving

I241. Minimum Diet

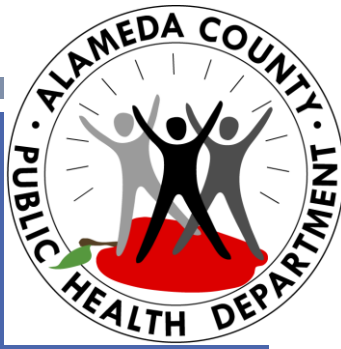
I242. Menus

I243. Food Service Plan

I247. Disciplinary Isolation Diet

I248. Medical Diets

POLICY REVIEWS: NUTRITIONAL HEALTH



- For both the Glenn Dyer and Santa Rita facilities, all of the applicable articles and sections required for a Nutritional Health Evaluation of a Type II Facility were generally in compliance with a few specific exceptions:



NUTRITION HEALTH - GLENN DYER

FINDINGS

- Deputies well trained on food service, meal provision
- Diet Manual updated per 2017 inspection recommendation
- Meal substitutions not matching written menu, difficult to assess if meals met nutritional requirements & standards
- No variety in meals noted
- Several inmates with medical diets were not noted on medical diet list in Food Service Department
- No protocol for Vitamin D deficiency
- Vending Machines non conforming with county nutritional policy

RECOMMENDATIONS

- Follow written 4 week cycle menu with minimal substitutions
 - Improve meal variability
- Provide Vitamin D supplementation to long term inmates with lactose intolerance and limited sun exposure
- Provide a variety of fruits & vegetables
- Improve training and quality assurance for entering diet orders in the food service system



NUTRITIONAL SUGGESTIONS – GLENN DYER

- Improve the appearance and flavor of meals
- Vending machines should comply with 2009 Alameda County Nutrition & Physical Activity Policy
 - Minimum 50% healthy beverages and snacks
- Provide healthier snack options in the commissary



NUTRITIONAL HEALTH – SANTA RITA JAIL

IMPROVEMENTS

- Improved labeling, storage, & organization of food
- Emergency Feeding Plan available & accessible
- Trays sealed
- Floor maintenance improved
- EHR allowed for annual renewals of medical diets and other improvements
- All other recommendations made in 2017 modified to compliant with 2 exceptions.

RECOMMENDATIONS (ongoing)

- Employ a registered dietitian to support medical staff for medical nutrition needs
- Increase the number of healthful beverages in all vending machines in accordance with the County Nutrition and Physical Activity Guidelines ($\geq 50\%$)



NUTRITIONAL HEALTH – SANTA RITA JAIL

FINDINGS

- Menus
 - Substitutions
 - Lack of variety
 - Lack of vitamin D
- Medical Diets
 - Pregnant women – additional milk & snack only (and prenatal vitamin)
 - Lacking in Vitamin D as above

RECOMMENDATIONS

- Offer an increased variety of fruits, vegetables & legumes
- Offer milk or dairy products rather than powder drink mix
- Revise menu to increase Vitamin D levels
- Consider offering eggs as a protein and vitamin B12 source



I215: DENTAL CARE - GLENN DYER

FINDINGS

- Timely & comprehensive restorative treatment plans
- Preventive care when inmate internment time permits
- Excellent charting, although some challenges integrating dental & medical records
 - Soft tissue charting difficult in electronic record
- Consent form improved from prior year

RECOMMENDATIONS

- Improve documentation of the type of dental XR taken and reviewed
- Ensure dental issues noted in triage are referred to dental care
 - Automatic referrals for history of methamphetamine use



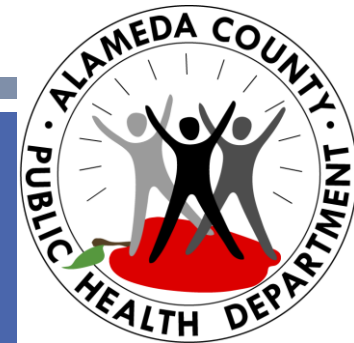
1215: DENTAL CARE – SANTA RITA JAIL

Policy & Chart Audit findings

- 20 randomly selected electronic record charts
- Overall within community standard
- Dental assessments within 1 week of intake
- Soft tissue charting improvement noted

Recommendations

- Consider reverting to prior dental consent form
- Ensure health education provided is noted
- Develop protocol for dental hygienist services for inmates with chronic disease
- Ensure Dental Hygienist signs charts



ADULT INMATE MEDICAL SERVICES (AIMS) PANEL

- 1988 - AIMS Panel established
 - Agreement with Alameda Contra Costa Medical Association (ACCMMA)
- Purpose:
 - Medical advisory committee to advise the Board of Supervisors and Alameda County Sheriff's Office on quality of health care inmates are receiving.



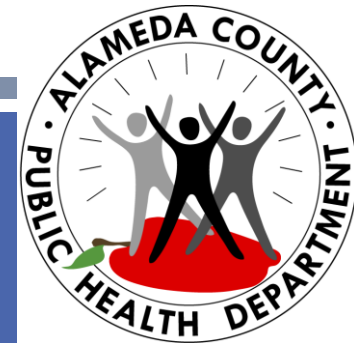
ADULT INMATE MEDICAL SERVICES (AIMS) PANEL UPDATE

March 27, 2018

- MOU with ACCMA revised
- Shifts administration of Panel from County Administrator's Office to Health Care Services Agency

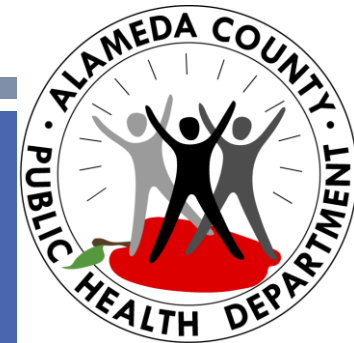
August 2, 2018

- First planning meeting
- Participants:
 - HCSA, BHCS, ACSO
 - California Forensic Medical Group
 - ACCMA
 - IMQ - Institute for Medical Quality (IMQ)
- Discussed activities & program start up



INSTITUTE FOR MEDICAL QUALITY ROLE

- Provide landscape analysis report including:
 - Review of policies and procedures
 - Interviews of staff and inmates
 - Review of inspections
- Landscape report will provide foundation of information to ACCMA physicians serving on the Panel



AIMS PANEL TIMELINE

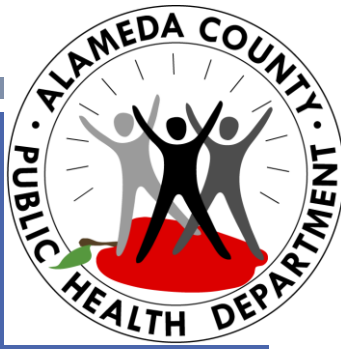
November-December 2018

- ACCMA site visit of SRJ

2019

- AIMS Panel will convene in early 2019
- Monthly chart review by IMQ
- Quarterly meetings to present data to Panel
- Panel report prepared for HCSA Director
- HCSA reports to BOS annually

ACKNOWLEDGEMENTS



- Thanks to staff from our public health nursing, dental, nutrition, and communicable disease control programs for their work inspecting and summarizing findings
- Thanks to our environmental health inspectors

Alameda County Detention Facilities Annual Environmental Health Inspections 2018



Public Protection Committee Presentation
Ron Browder
Director
Alameda County Department of Environmental Health
November 08, 2018

Environmental Health Inspections are based on the following Codes & Regulations

- California Code of Regulations – Title 15, Articles 13-15
- Title 24, Uniform Building Code (Plumbing, Heating, Cooling, Lighting)
- California Health & Safety Code, Division 104, Part 7
(Food Safety & Sanitation, Worker Hygiene) (Cal Code)
- State Clean Water Act
- Local Ordinance (Solid, Toxic, Infectious Waste Disposal)
- Health & Safety Code Section 1803 (Vermin)
- General Industry Safety Order, Title 8-3362 (Facility Structure)

ANNUAL INSPECTION RESULTS 2018

INSPECTION DATE: August 15-16, 2018

- Food is prepared within the Santa Rita Facility
- Food Handlers were found in Compliance. Aramark Supervising Staff have Food Safety Certifications. Inmate Food Handlers are trained before allowed to work in the kitchen.
- Food Service Plan in Compliance with Cal Code Food Flow requirements
- Kitchen Facilities, Sanitation & Food Service in Compliance with Cal Code requirements. Food service is under Immediate Supervision of a Staff Member.
- Facility plumbing (sinks, floor drains, floor sinks), walls, windows, grillwork, ceiling and lighting all in good repair. Floor at robotic machine service line pitted and need repair to a smooth cleanable surface. Clean equipment in scullery daily of accumulations.
- Safe Drinking Water confirmed by laboratory analysis via four (4) samples collected by DEH staff and tested by ALCO Public Health Laboratory
- No issues with Waste Disposal

-
- The Santa Rita Detention Facility continues to maintain good overall food safety management practices and good overall sanitary conditions for housing units.
 - Many deficiencies were corrected immediately upon notification during the inspection process or the following day.

ANNUAL INSPECTION RESULTS 2018

INSPECTION DATE: August 15-16, 2018

Free of Vermin

- Evidence of rodents (mice) noted in upstairs storage room (also noted in 2017 inspection).
- Two roaches were observed in sprinkler riser closet in the Inmate Food Prep Room. No evidence of an active infestation.
- Multiple traps are set throughout the dry storage areas.
- Facility has pest control service on a regular basis.
- General housekeeping in all food service and storage areas was satisfactory.

Corrective Actions

- Seal all possible entry points, monitor traps daily in electrical room, dry food storage, main kitchen, food prep areas, main scullery, and maintain log to document activity.
- Eliminate the gap noted under roll-up door (work order submitted).

DEH Vector Control

- Consult with Alameda County Vector Control Services regarding control of rodent (mice) with particular attention to the dry storage room.

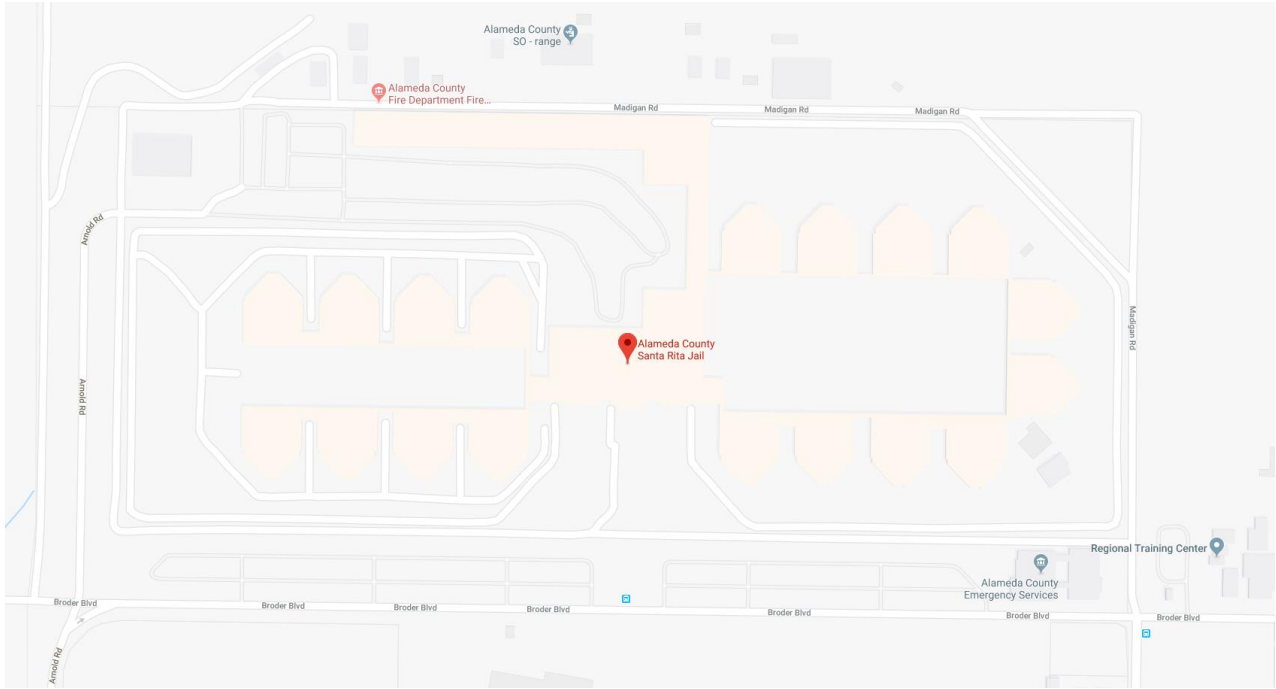
SANTA RITA DETENTION FACILITY VECTOR CONTROL RODENT INSPECTION RESULTS

- Joint inspection conducted with Santa Rita, GSA and Vector Control Staff on October 30, 2018
- Since August hundreds of mice have been trapped with the main activity noted along Madigan Road and surrounding areas.
- In addition, geese are soiling the inmate recreation area which requiring daily clean-up. Vector Control will consult with its USDA Wildlife Specialist for possible control options.
- Certain rodent control devices and methods are not allowed due to the nature of the facility.
- In addition, rodent-proofing of entry ways in certain areas is not practical.
- Areas inspected included portions of the building exterior, an empty inmate housing pod, garage, offices and kitchen.
- Exterior rodent “bait boxes” were not inspected but snap traps were seen within.
- Live and deceased mice noted in rodent devices along Madigan Road.
- Mice droppings were noted in garage and vacant inmate housing pod.
- Facility is located adjacent to open grassy field and a housing development project under construction. Mice have a high rate of reproduction.
- Adequate number of rodent devices required to minimize numbers that may enter indoors.
- An aggressive control program needs to be implemented

SANTA RITA DETENTION FACILITY VECTOR CONTROL RODENT INSPECTION RESULTS

SPECIFIC RECOMMENDATIONS

- Install more rodent devices along and around the building on Madigan Road. Service traps at least weekly until mouse activity is abated. Installing exterior rodenticide bait stations would increase efficiency and reduce service frequency and costs.
- Install more rodent devices in the dry storage areas of kitchen. This would include upper shelf areas. Do not store nonfood boxes (paper files) for extended periods in dry storage area. This may provide nesting areas for mice.
- Ground squirrel are undermining areas along the foundations of housing pods and other areas. Squirrel burrows may create rodent access under the slab foundation. Consider abating ground squirrel infestation.
- Weeds and trash were noted in some areas of the exterior. This condition is a potential rodent harborage/shelter and should be removed. Thin landscaping in front of administration office.
- Rodent proof many areas as possible.
- Provide “Pest Sighting” form to employees. This form should be provided to the pest control contractor at each service.
- More “owl nesting boxes” would provide an eco-friendly rodent maintenance program.



Santa Rita Jail rodent inspection by
Alameda Co. Vector Control Services
District 10-29-2018

- Surrounding open areas ideal mouse habitat.
- Continuing land development causing mouse population movements.



Building along Madigan Road. Area of mouse activity.



Note: Few mouse traps

- Install many more mouse traps.
- Service traps more than once a week.



Live house mouse

Remove weeds, trash and unused equipment from perimeter of facility



Rodent harborage and shelter

Rodent proof where practical.



Garage



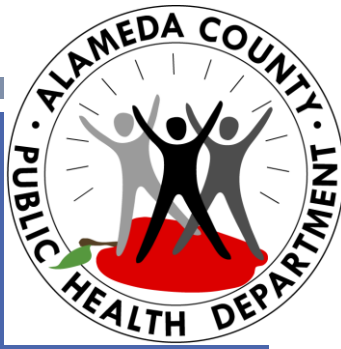
- Remove ground squirrels from around facility perimeter.
- Fill-in burrows



Front of facility: Ground squirrel burrow and upside down rodent station.

More owl boxes





- The Glenn Dyer Detention Facility continues to maintain good overall food safety management practices and good overall sanitary conditions for housing units.
- The only issue identified were fruit flies in the floor drains