



# MENTAL HEALTH SERVICES ACT PLAN UPDATE



WELLNESS • RECOVERY • RESILIENCE

**Alameda County Board of Supervisors**

**Health Committee**

**April 11, 2016**

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Behavioral Healthcare Services Department

Health Care Services Agency

# MHSA Plan Update Purpose & Overview

- To provide an update of the general components of Alameda County's MHSA Plan, funded programs, and key accomplishments.
- To provide departmental funding information and future trends.
- To foster ongoing community and stakeholder engagement.
- **Current Approved Three Year Plan**
  - FY 14-15, **FY 15-16**, FY 16-17
- **Annual Update each year**
  - Input by Stakeholders
  - Public Hearing hosted by Mental Health Board
  - Plan Update accepted by BOS

# Mental Health Services Act Five Plan Components



Community Services & Supports (2006)	Prevention & Early Intervention (2008)	Workforce, Education & Training (2009)	Capital Facilities & Technology (2009)	Innovative Programs (2010)
27 ongoing programs	17 ongoing programs	9 programs and strategies	1 site / EHR project	Multiple short-term projects
\$50.0M FY15-16	\$23.3M FY15-16	\$7.6M over 10 years Ending 17/18	\$16.2M over 10 years Ending 18/19	\$4.6M for 18-month projects



# New & Expanded Programs Beginning FY15-16



1. Supporting "AB1421" populations	2. African American Health & Wellness	3. Community Crisis Expansion	4. Full Service Partnerships (FSP)
<ul style="list-style-type: none"> <li>• Peer and Family Strategies</li> <li>• CPP, AOT Pilots</li> </ul>	<ul style="list-style-type: none"> <li>• Community-Defined Training</li> <li>• Wellness Hub</li> <li>• Housing</li> </ul>	<ul style="list-style-type: none"> <li>• New Facilities</li> <li>• MET Expansion</li> <li>• Ongoing Planning</li> </ul>	<ul style="list-style-type: none"> <li>• Refine model</li> <li>• Maximize Revenue</li> </ul>
\$3M/year	\$2M/year	\$2M/year	Approx. \$20M/year



# New & Expanded Programs Beginning FY15-16



## 1. 1421 Alternative Programs

- Peer Navigator;  
Post-Crisis  
Discharge -  
\$785K
- In Home  
Outreach Teams -  
\$1.3M

\$2.1M

### ■ Peer Navigator / Post-Crisis Discharge

- Peer supports in primary care and during transitions including discharge from psychiatric hospitals and crisis residential facilities to assist with community re-integration.
- Partnership with John George Psychiatric Hospital

### ■ In-Home Outreach Teams

- Home or community-based support and education to consumers and their families
- IHOTs in all parts of the County including TAY-focused Team
- Proposal deadline was April 7. Awards scheduled for July 2016.



# New & Expanded Programs Beginning FY15-16



## 1. 1421 Pilot Programs

- Community Conservatorship \$750K
- Assisted Outpatient Treatment \$150K

\$900,000

- **Community Conservatorship Pilot**
  - Conservatorship, medication and case-management.
  - Pilot program with five clients
- **Assisted Outpatient Treatment (AOT)**
  - Court-ordered treatment for consumers who meet specific criteria
  - Pilot program with twelve clients



# New & Expanded Programs Beginning FY15-16



## 2. African American Health & Wellness

- Treatment Programs
- PEI Programs

\$2M/year



### ■ African American Steering Committee For Health & Wellness

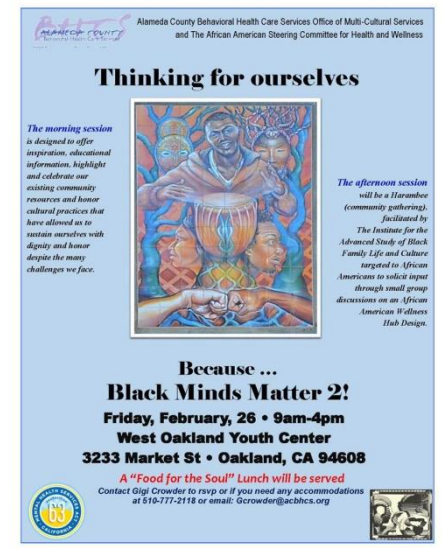
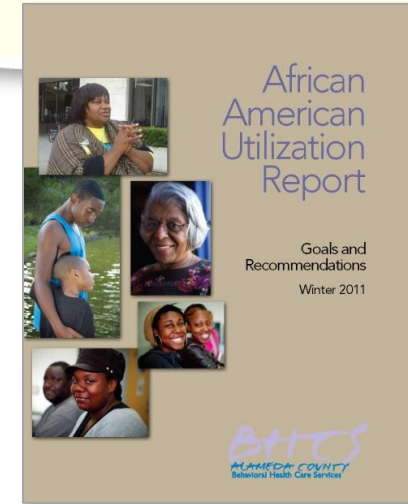
- Seated members now provide recommendations to BHCS regarding services to the AA community, policy recommendations, and new potential programming.

### ■ Community-defined trainings now available

- Developed as Innovative Programs

### ■ African American Wellness Hub

- Community-defined approaches and practices to mental health education, prevention and supportive services



“Black Minds Matter 2” (Feb 27)

# New & Expanded Programs Beginning FY15-16



## 3. Community Crisis Expansion

- New Facilities
- MET Expansion
- Ongoing Planning

\$2M/year

- **New Crisis Facilities**
  - Developing staffing infrastructure for services through crisis stabilization units/crisis residential centers from California Health Facilities Financing Authority grant (SB82)
- **Mobile Evaluation Team (MET) Expansion**
  - Partnership with Oakland Police Department
- **Continuing Stakeholder Planning & System Analysis**





# New & Expanded Programs

## Full Service Partnerships



### 4. Full Service Partnerships

• 9 MHS-A-Funded  
Programs

\$19.9M

#### ■ Refinement of Model:

- Implementing best practices in client-centered treatment, housing and employment-readiness
- Sellers-Dorsey assisting with revenue maximization

#### ■ Increase Impact

- Partnership opportunities through “Whole Person Care” Pilot
- Currently serving 550-600 FSP and ACT clients
- Leveraging and expansion strategies will significantly increase number of clients served



# Innovation Learning Conferences Round 3



## Innovative Programs

- Unique approaches
- Findings available to the community

\$1-2M/round

## ■ Isolated Adults/Older Adults

- 10 Projects

## ■ LGBTQI2-S Clients

- 13 Projects



**innovation**

**ROUND 3 INNOVATIONS GRANT PROGRAM**  
LEARNING CONFERENCE & GRANTEE WORKSHOPS

**REGISTER HERE!**

**Isolated Adults and Older Adults: January 22, 2016**  
8:30am-4:30pm  
Clark Kerr Conference Center - UC Berkeley  
2601 Warring Street, Berkeley, CA 94704

Alameda County Behavioral Health Care Services invites You to Discover...  
Innovative Mental Health Service Programs | Provider Training Curricula  
Stagebridge Performance | Grantee Program Exhibits  
**Free Registration and Luncheon Keynote Speaker**

**Who should attend:**  
Mental Health Service Directors, Clinical Providers,  
Social Service Providers, County and State Program Staff, Philanthropists,  
Consumers and Family Members & Advocates  
for People with Lived Experiences.

visit [www.acinnovations.org](http://www.acinnovations.org) to learn more  
For conference information, please contact the Health and Human  
Resource Education Center (HHREC)  
**510.834.5990 | [acinnovationsconference@gmail.com](mailto:acinnovationsconference@gmail.com)**

Save the Date: Round Three Innovations LGBTQI2S Learning Conference  
March 24, 2016

**BHCS**  
ALAMEDA COUNTY  
Behavioral Health Care Services

*"Black Minds Matter 2" (Feb 27)*

# Innovation Learning Conferences



## Sunny Hill Services / Bay Area Youth Centers Critical Conversations



# About Behavioral Healthcare Services



- **FY 15-16 Approved Budget of \$401 million**
  - 700+ County Civil Service positions
  - 3,000+ positions with community-based providers
- **MHSA Annual Budget is approximately 19% of BHCS Total Approved Budget**



# Mental Health Services Act Fiscal Outlook



## MHSA Funding Estimates For CSS, PEI, and INN only (in millions)

<b>SOURCES</b>	<b>FY 15/16</b>	<b>FY 16/17</b>	<b>FY 17/18</b>	<b>FY 18/19</b>
1. Available Unexpended Funds	\$74.7	\$39.0	\$18.6	\$10.0M
2. Current Year MHSA State Allocation	\$50.7	\$63.1	\$65.9	?
<b>Total Available in MHSA Trust Fund</b>	<b>\$125.4M</b>	<b>\$102.8M</b>	<b>\$84.5M</b>	<b>?</b>
<b>USES</b>	<b>FY 15/16</b>	<b>FY 16/17</b>	<b>FY 17/18</b>	<b>FY 18/19</b>
1. MHSA Programs (CSS, PEI, INN)	\$77.4	\$74.5	\$74.5	?
<b>YEAR-END UNEXPENDED FUNDS</b>	<b>\$48M</b>	<b>\$27.6M</b>	<b>\$10.0M</b>	<b>?</b>
	\$9M ↓	\$9M ↓		
<b>PRUDENT RESERVE*</b>	<b>\$27M</b>	<b>\$35M</b>	<b>\$35M</b>	<b>\$35M</b>



\*WIC Section 5847 (a) (7) – 50% of Annual Budget

# Plan Update Summary & Key Accomplishments



## ■ New Programs

- Supporting 1421 Populations
- African American Health & Wellness

## ■ Full Service Partnerships

- Refine Model

## ■ Innovative Programs

- Isolated Adults
- LGBTQI2-S



# Getting Information To The Community



Alameda County Mental Health Services Act

SPOTLIGHT ON:

## Hope and Wellness

Fall/Winter 2015



www.acmhsa.org

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Alameda County Mental Health Services Act

## Promoting Wellness for the African American Community

"As an important first step, the African American Health and Wellness Steering Committee is recommending that the County fund the research and design of an African American Wellness Hub," says Gigi Crowder, Behavioral Health Care Services (BHCS) Ethnic Services Manager.



Senior Pastor Honore Jones of Family Bible Fellowship and Gigi Crowder, Behavioral Health Care Services Manager and lead of the Steering Committee, speak at the Black Media Forum event in February 2015 at the Family Bible Fellowship in Newark. Photo by Jerry Castillo.

The Steering Committee recommends that the Wellness Hub be designed with satellite offices to meet the health needs of African Americans across the county. The Wellness Hub services would be offered in welcoming and nurturing environments. Staff would be hired who understand the cultural nuances and values embraced by African Americans.

The Steering Committee was announced at the Having Our Say... Black Needs Matter 21 event in February 2015. The committee is supported by Mental Health Services Act (MHSA) dollars. This followed the efforts of the 2011 African American Utilization Study Report (see Resources box on page 5). This report offers goals and recommendations to better address and respond to the African American community's behavioral health needs.

Committee members represent a diverse group of African Americans. They contribute to the BHCS quality improvement effort, offering guidance and support to BHCS in the prioritization of steps to better serve the African American

community. The aim is to provide mental health and substance use services that are effective and culturally responsive, honoring and offering promise toward gaining a better quality of life.

### Goals of the African American Steering Committee include:

- Give BHCS insight and support, charting a course for change that will improve the quality of care for African Americans.
- Raise BHCS staff awareness and commitment to see community members as equal partners.
- Ensure individuals living with mental health challenges and their family members' voices are validated and valued.

Statistics show that most behavioral health care systems in California serve African Americans at a higher rate when compared to other ethnic communities. Crowder, lead in the Committee's efforts, states, "Due to cultural biases these services are provided in restrictive, involuntary settings such as hospitals and jails, and the

results are lacking." Because culturally relevant services are generally not offered, African Americans tend to cycle in and out of services and are not making steady progress toward wellness.

### Cultural Responsiveness

In making recommendations, Committee members believe it is critical to recognize that individual community members have unique social, cultural and faith leanings.

*"We have a golden opportunity to come up with a set of services that are tailored for the African American community."*  
—Larna Jones

"When African Americans with a mental health challenge are incarcerated, their mental illness is being criminalized," says Yvonne Rutherford, M.D., a pediatrician and Steering Committee member. "There are much better and cost effective ways to provide mental health services."

These values affect the way each person's mental health and influence whether or not an individual seeks help.

"When you meet people where they are culturally, there's a better connection which helps to build trust, improve care and advance

Educational Supplement—Fall/Winter 2015

Alameda County Behavioral Health Care Services (BHCS)

Call 911 in case of a life threatening emergency

### CRISIS & URGENT CARE

**MULTILINGUAL HOTLINE**  
24 HOURS A DAY-7 DAYS A WEEK  
Or Text "safe" to 20121 (in Spanish, 7 days a week)

For mental health or substance use help, call ACCESS 1-800-491-9099

**CRISIS PREVENTION AND BRIEF TREATMENT**  
24 HOURS A DAY-7 DAYS A WEEK  
Call 1-800-491-9099

**SUPPORT SERVICES**  
WELLNESS SERVICES  
40100 Ave. of the Sciences, Suite 400, Fremont, CA 94538  
Alameda, East Bay Region 510-837-0287  
Fremont, South County 510-867-2425  
Hayward, North County 510-817-4215

# Getting Information To The Community



[www.acprop63.org](http://www.acprop63.org)  
[www.acmhsa.org](http://www.acmhsa.org)

The screenshot shows the homepage of the MHSAlamedaCounty.org website. At the top left is the Proposition 63 logo. To its right, the text reads "MHSAlamedaCounty" in blue and black. Below this is a navigation bar with links for "Stories", "Stakeholders", "Document", and "Upcoming Meetings". The main content area features a large banner image of a bay with a Proposition 63 logo overlaid, captioned "Breaking Barriers, Transforming the Mental Health System". To the right are three smaller article thumbnails: "Crisis Intervention Training Arms Police With Tools For Crisis Calls" (with a photo of a police officer), "Crisis Intervention Training: Reducing One Family's Fears" (with a photo of a man), and "Family Education And Resource Center: Caring For The Caregivers" (with a photo of a woman on a phone). Below these are three more thumbnails: "James' Heart and Drive" (with a photo of a man in a denim vest) and "The Golden Gift" (with a photo of a person playing a piano).

