

MOBILE EVALUATION TEAM M.E.T.

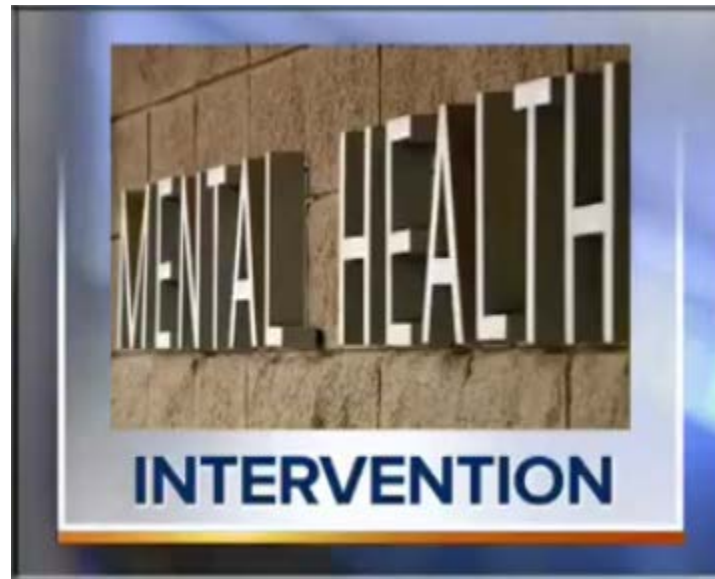
Project Update

**Alameda County Behavioral Health Care Services
and the
Oakland Police Department**



Overview

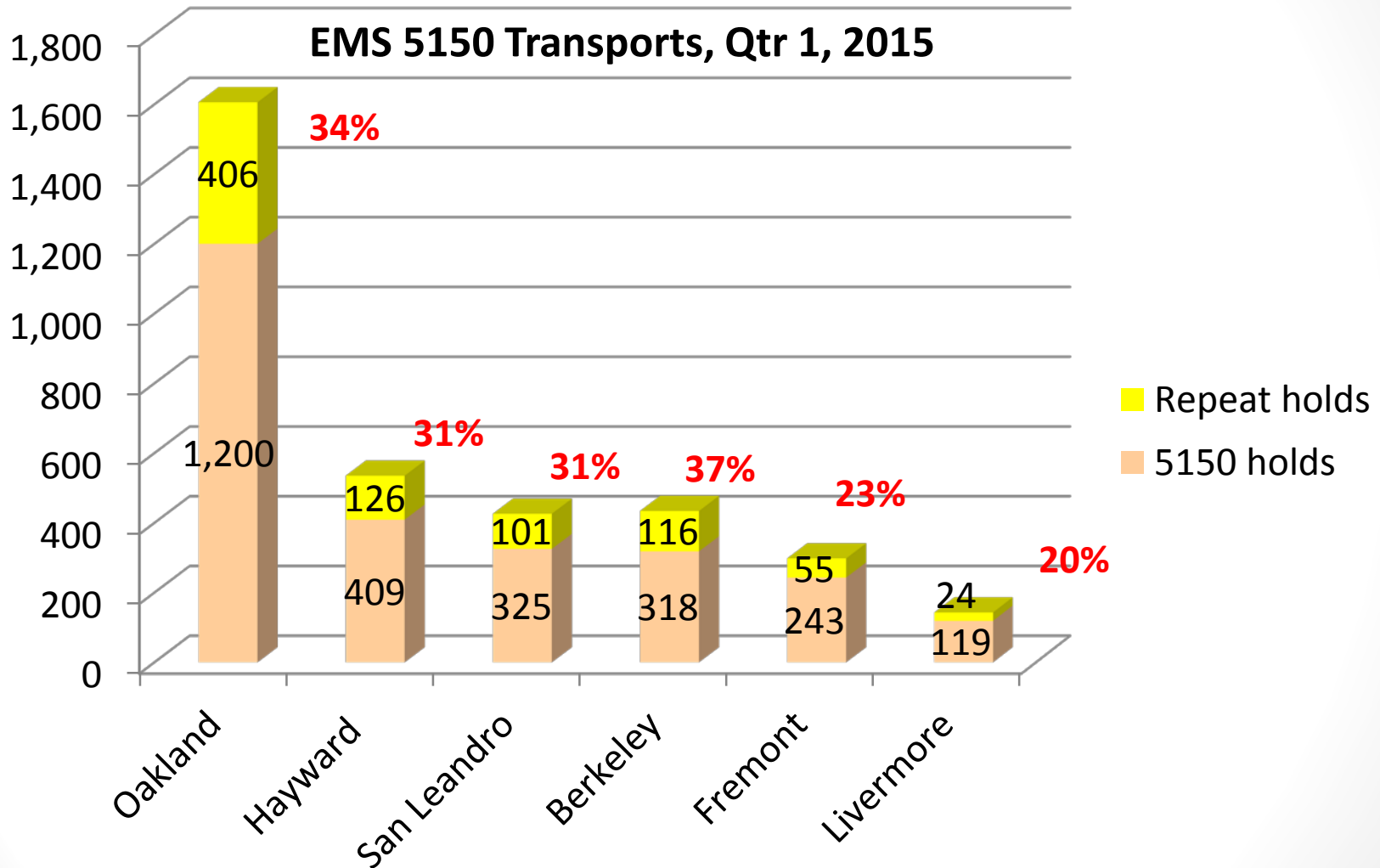
- Background
- Program Design
- Data
 - Numbers
 - Outcomes
- Lessons Learned
- Next Steps



Background

- The Mobile Evaluation Team (MET) program was designed with the goal to avoid the use of involuntary psychiatric hospitalization, and instead rely upon alternative treatment resources when appropriate.
- M.E.T. grew out of the successful partnership between BHCS and OPD through the implementation of the Crisis Intervention Training (CIT) Program.
- Pilot project was funded with Measure A through HCSA (\$250K), ongoing program is partially funded with MHSA.
- 6 month pilot phase (November 2014- April 2105).
- Ongoing M.E.T. has been in operation since November 2015

Background



- OPD has the highest number of mental health calls for service in the County, i.e. on average they respond to 26-30 calls/day.

Program Design

M.E.T is a unique team designed to respond to any call suspected of involving a mental health crisis to provide on-scene crisis intervention and referral.

Program Design

Goal: Avoiding the use of involuntary psychiatric hospitalization when appropriate by providing alternative treatment resources.

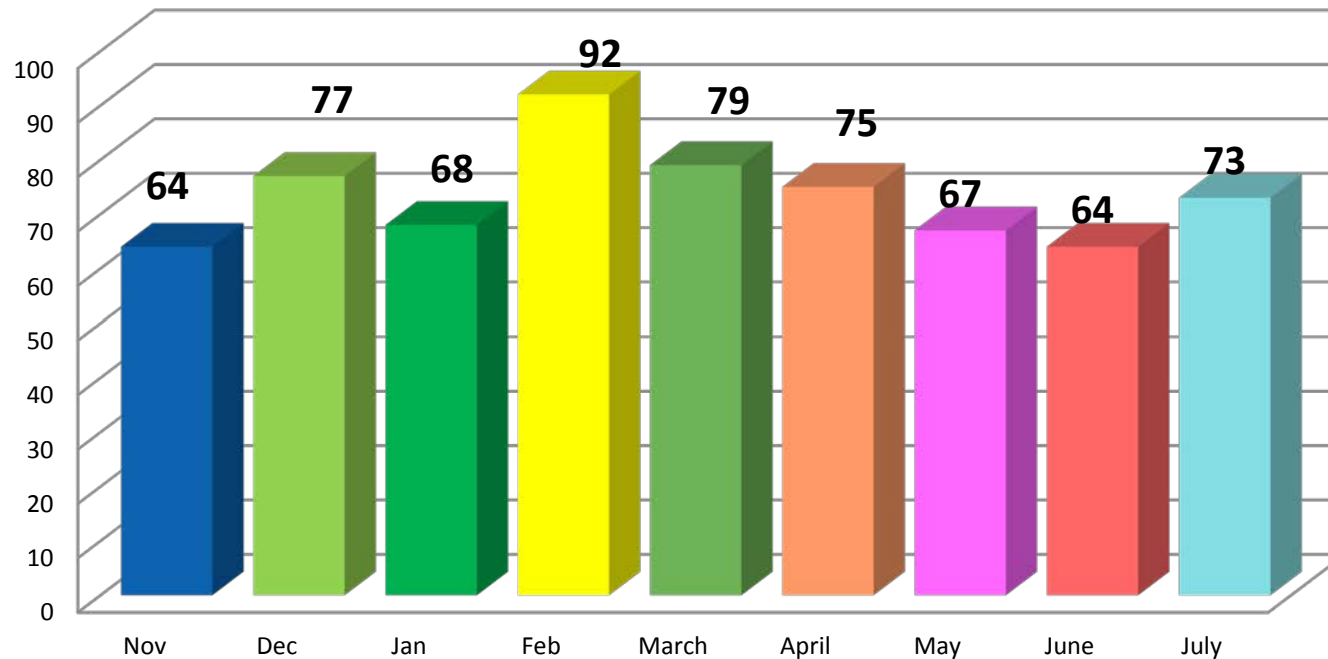
- **Objective 1:** M.E.T. should respond to between 5 and 7 crisis (5150) calls/day, which will increase the capacity to address mental health related calls.
- **Objective 2:** Reduce the amount of time a cover officer has to be on the scene of the 5150 crisis call once the M.E.T. arrives.
- **Objective 3:** Provide alternative resources to individuals in crisis.

Program Design

- C.I.T Trained OPD Officer paired with a Licensed Clinician from the County Crisis Response Program
 - Officer dressed in police polo instead of full uniform to decrease power perceptions.
- Unique Call Sign: 37L11
- Focused on East Oakland, but can respond city wide if needed
- Driving car #1139
 - Black, unmarked police vehicle
- Hours of Operation: Monday-Thursday 8am-4:30
- MOU and Business Agreement
 - Roles and responsibilities
 - HIPAA

Data

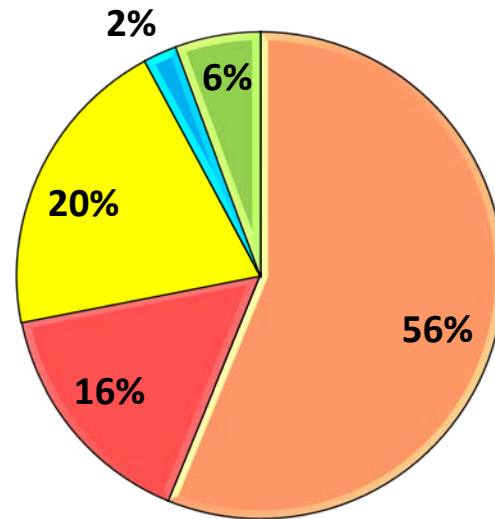
**MH Calls by Month
11/2015-7/2016**



- 659 calls for service were answered between Nov-July 2016
- The average calls/day range between 5 and 6
 - Multiple days with 8 to 9 calls/day

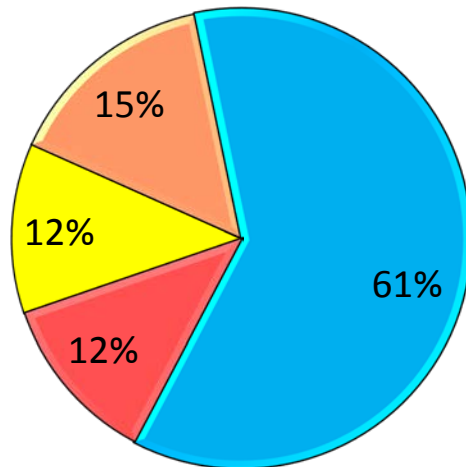
Data

Ethnicity



■ African American ■ Caucasian ■ Hispanic/Latino ■ Asian ■ Other

Age

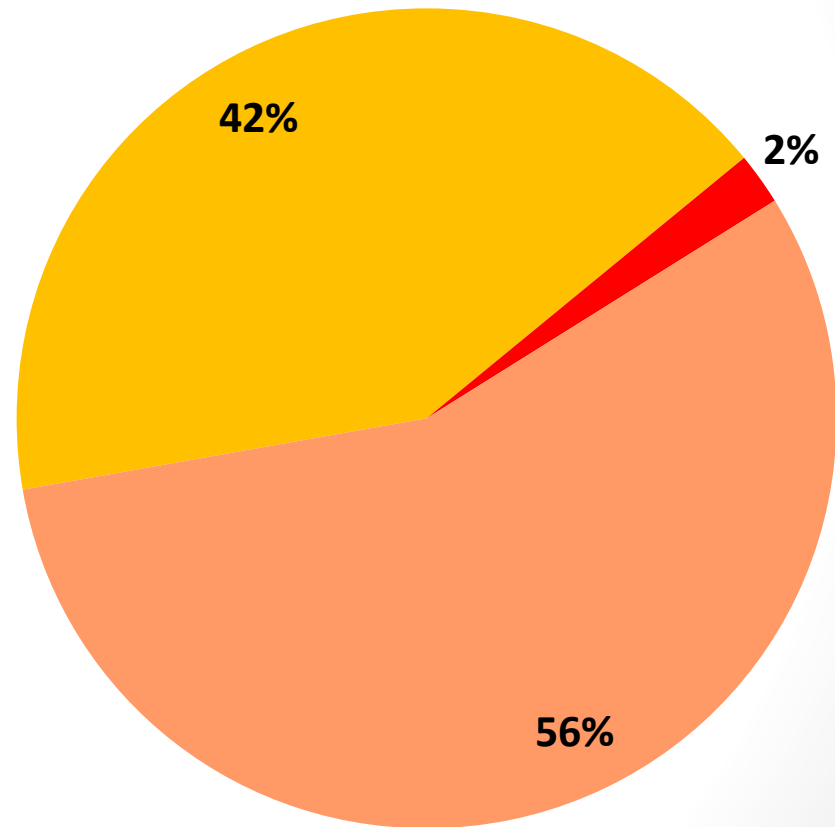


■ Under 18 yrs ■ 18-24 yrs ■ 25-59 yrs ■ 59+

Data

Disposition

- Involuntary Hold Written (5150)
- Arrest
- Resources Given/Other



Objectives Met

Objective 1: M.E.T. should respond to between 5 and 7 crisis (5150) calls/day, which will increase the capacity to address mental health related calls.

MH Mobile Capacity has Increased: The data show the average calls/day range between 5 and 6, with multiple days M.E.T responding to 8-9 calls/day

Objective 2: Reduce the amount of time a cover officer has to be on the scene of the 5150 crisis call once the M.E.T. arrives.

Cover Officers go back into service more quickly: The data show the average time a cover officer is needed is 15 minutes, with the max time being 30 and minimum time being 5. Without having the M.E.T. model to address mental health calls for service, two officers would typically stay on scene for the duration of the call.

Objective 3: Provide alternative resources to individuals in crisis.

Alternative Resources: 56% of individuals were not put on a involuntary hold (5150) and were instead, given resource materials, de-escalated, had a physical health/medical issue addressed or refused to accept services. The data also show that only 2% of the calls that M.E.T. responded to resulted in an arrest.

Lessons Learned

- **Clinical Expertise**
- **Choice**
- **Faster Response**
- **Relationship/rapport with chronic consumer population**
- **Increased Awareness of Resources**
- **Community feels served**

Next steps

M.E.T. Expansion

By Spring 2017 BHCS and OPD hope to have three additional M.E.T. teams up and running.

The additional teams will provide evening and weekend coverage

BHCS is also exploring a partnership with the Fremont Police Department for two M.E.T teams

Thank You

??Questions??

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