

Alameda County: District One Supervisor Scott Haggerty

LIVERMORE · PLEASANTON · DUBLIN · FREMONT · UNINCORPORATED EAST COUNTY

Alameda County to Increase CPR Rates

In November Alameda County Health Care Services kicked off CPR Awareness Month with the CPR7 program, which will provide Cardio Pulmonary Resuscitation (CPR) training to 7,500 seventh grade students throughout the county this school year.

In California, community capacity for bystander CPR has dropped dramatically since public high schools discontinued providing driver's education, CPR, and first aid. In Alameda County, only 30% of the 900 citizens who sustain sudden cardiac arrest every year at home or elsewhere in the community receive CPR in the critical minutes before first responders arrive. Only 10% of sudden cardiac victims survive discharge from the hospital.

In some communities in other states, CPR training is more widespread, and bystanders perform CPR before paramedics arrive on high numbers of those who have experienced cardiac arrest. As an example, Seattle, WA has a 72% bystander CPR rate, and survival rates from witnessed cardiac arrests exceeds 30%

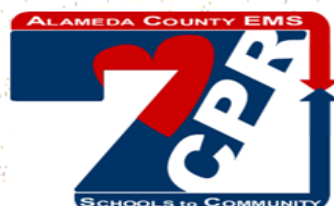
CPR7 will train youth and

adults throughout Alameda County in the life-saving skill set of CPR. Health Care Services will provide training to participating schools in Alameda County. The teachers in turn will train their 7th grade students in CPR as part of their classroom instruction by using the CPR Anytime training kits developed by the American Heart Association.

The goal is to train 15,000 youth and 75,000 adults per year for three years for a total of 225,000 people by 2013. Through the training the goal is to increase CPR bystander participation from 30% to 60% to put us on par with cities like Seattle.

District 1 will be supporting CPR7 by providing funding to purchase 1,500 CPR Anytime training kits for 7th graders in the Tri-Valley and Fremont.

For more information contact Jamie Hintzke, CPR7 Community Coordinator at 925-876-2380 or Jamie.hintzke@acgov.org



ALAMEDA COUNTY
DISTRICT 1
NEWSLETTER

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Alameda County Transportation Update

We are happy to report that progress continues to be made on a variety of regional transportation projects in Alameda County. Work officially got underway on two projects with groundbreaking events and completion of three projects that were celebrated with ribbon-cutting ceremonies:

Stanley Boulevard

Safety and streetscape improvements along this 3-mile stretch of county road connecting the cities of Livermore and Pleasanton got underway on September 15 with completion expected summer 2011. The first phase involves undergrounding utilities, including removal of existing power poles. The latest energy and environmental practices and technologies will be incorporated in the project with more than 10 thousand plantings on both sides of the road and in the median. The project also includes improved bike and pedestrian path on south side; new bike lanes; improved drainage; rubberized, longer-lasting road pavement; reclaimed water irrigation; low-energy LED lighting and signals with auto on/off; and a bench dedication program. Visit <http://www.acgov.org/pwa/Facts%20Sheet-%20Stanley%20Blvd%20Feb%202009.pdf> for more information on this project.

BART to Oakland Airport (OAC)

On October 20, officials broke ground on a rail project linking the existing Coliseum BART station with the Oakland Airport by an automated people-mover system expected to be completed in 2014. This is the second

“train to plane” regional rail/international airport connection in the region (BART SFO was first). For more information on the project visit

<http://www.bart.gov/about/projects/oac/faq.aspx> .

I-680 Express Lane

The first-ever toll lane in the SF Bay Area on southbound I-680 between Sunol and Milpitas opened for business on September 16. The 14-mile lane first opened as an HOV lane in 2002 with a plan to convert to a future toll lane. This lane is the first of 2 in Alameda County with the second lanes planned for the Tri-Valley segment of I-580 to be built and opened by 2015. The lane remains free for carpool vehicles, but solo-drivers must use a Fastrak device to pay the toll. For information on the new express lane visit

<http://www.680expresslane.org/Home.asp>

I-580 Eastbound HOV Lane

The ribbon was cut on November 10 opening the final segment of the 11-mile stretch of HOV lane in eastbound I-580 in the Tri-Valley. The project was completed one year early and will be converted to a toll lane by 2012. The new lane brings welcome relief to weary commuters in one of the most congested corridors in the Bay Area. The westbound HOV/Express lane is expected to get underway by 2012. For more information visit

<http://www.680expresslane.org/Home.asp>.

Rural Roads Group Update

Established in 2002, the Rural Roads Group provides an informal forum for residents and landowners in east Alameda County to meet with the District 1 Supervisor and staff from County agencies and the CHP to address traffic impacts to the roads as a result of the chronic traffic conditions on I-580. The group meets at the County's Martinelli Agricultural and Event Center located at 3585 Greenville Road in Livermore. Meetings for 2011 are scheduled for March 9 and September 14. Time: 4 pm. For more information on the Rural Roads Group contact dawn.argula@acgov.org .

Waiting at a bus stop?
Stuck in traffic?

Just dial
511
It's FREE!



Sometimes you don't have access to a computer, but need transportation information fast. That's why there's 511 on the phone! **Just dial 5-1-1 – it's FREE**, and you can find all the info you need to get around the

Board and Commission Vacancies

The following are committees or boards that have one or more seats vacant. All District One residents are encouraged to apply for positions.

Mental Health Advisory Board

Perform advisory functions in matters relating to mental health.

Alameda County Advisory Commission on Aging

Provide for services to elderly and assist in allocation of funds and serves as Advisor

to the Area Agency on Aging.

Public Health Commission

Serves as an advisory body to the Board of Supervisors.

ACTIA Citizen's Advisory Committee (CAC)

The CAC serves as a liaison between AC-

For more information, contact District 1 Offices (see page 4), send resume' via email to vener.bates@acgov.org; or fax to 925-484-2809 Attn: Vener Bates

Great Race for Clean Air Challenge

Eight organizations received trophies and were recognized during the November 30 meeting of the Alameda County Board of Supervisors. The annual competition, sponsored by the Bay Area Air Quality Management District (BAAQMD) and 511.org, invites private and public businesses to participate by introducing employees to alternative commute methods which they are encouraged to try instead of driving solo to work during August and September.

Activities are tracked through an on-line diary set up by 511.org and results tabulated in October. Established in 2005 in the Tri-Valley, the BAAQMD expanded the Race throughout the 9-county region. Trophies presented at the 11/30 meeting recognized winners for Resource Teams in the Tri-Valley and South Alameda County as well as two Bay Area-wide winners. For more info on the Great Race visit www.sparetheair.org.

Highest CO2 Per Capita

City of Hayward – saved 711 pounds/person

ValleyCare Health System – Pleasanton & Livermore - saved 1347 pounds/person

Mid-size

KTVU – Oakland

Kaiser Permanente – Walnut Creek

Large

Kaiser Permanente – Oakland

*Oracle – Pleasanton

*= Also a Bay Area-Wide winner in this category

Alameda County Great Race Stats

Total number of employers in Race = 33

Total number of employees logged daily commute = 1045

Total amount of CO2 = 171 tons

My Boards and Commissions:

Altamont Rail Express Joint Powers Authority (ACE)

Alameda County Transportation Commission (ACTC)

Association of Bay Area Governments (ABAG)

Bay Area Air Quality Management District (BAAQMD)

California State Association of Counties (CSAC)

Collaborating Agencies Responding to Disasters (CARD)

East Bay Regional Communications System (EBRCS)

East Bay Regional Park District County Liaison (EBRPD)

Local Agency Formation Agency (LAFCO)

Livermore- Amador Valley Transportation Authority (LAVTA)

Metropolitan Transportation Commission (MTC)

National Association of Counties (NACo)

Oakland Alameda County Coliseum Authority (JPA)

Transportation and Planning

Tri-Valley Transportation Council (TVTC)

CONTACT THE DISTRICT ONE OFFICES

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Josh Thurman, Policy Analyst josh.thurman@acgov.org

County and Local Events Calendar

January 2011

**Add your community events
 by emailing us at
district1@acgov.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key : Livermore Pleasanton Dublin	Fremont Sunol AC Fairgrounds					1
2 Diplomacy Paint Brush Art Exhibit 12:00pm-5:00pm Firehouse House Arts Center	3 Diplomacy Paint Brush Art Exhibit 12:00pm-5:00pm Firehouse House Arts Center	4	5	6 Fit for Life 8:30-9:30am Fremont Senior Center	7 Healthy Living for Positive Aging 10:00-11:00am Fremont Senior Center	8 Homebuyer Educa- tion Class 9:30am-5:00pm Dublin Library Com- munity Room
9 Diplomacy Paint Brush Art Exhibit 12:00pm-5:00pm Firehouse House Arts Center	10 Diplomacy Paint Brush Art Exhibit 12:00pm-5:00pm Firehouse House Arts Center	11 BOS Regular meeting 9:30am-12:00pm/ BOS Planning 1:00pm 1221 Oak Street Oakland, 94612	12 Diplomacy Paint Brush Art Exhibit 12:00pm-5:00pm Firehouse House Arts Center	13 Fit for Life 8:30-9:30am Fremont Senior Center	14 Healthy Living for Positive Aging 10:00-11:00am Fremont Senior Center	15 Music Diavalo 8:00pm Bankhead Theatre
16	17 Martin Luther King Holiday	18	19	20 Fit for Life 8:30-9:30am Fremont Senior Center	21 Healthy Living for Positive Aging 10:00-11:00am Fremont Senior Center	22
23	24	25 Board of Su- pervisors Regular meeting 9:30am-12:00pm 1221 Oak Street Oakland, 94612	26	27 Fit for Life 8:30-9:30am Fremont Senior Center	28 Healthy Living for Positive Aging 10:00-11:00am Fremont Senior Center	29