



*THE EDEN AREA*

**STUDENT RESOURCE GUIDE**

*For use by school staff, parents and  
students*

*A resource created by the  
Associated Community Action Program*

2008-2009

**Ashland/San Leandro Resources**

***Health (physical and mental)***

[www.lifeportal.com](http://www.lifeportal.com)

A website for youth to find health resources near them.

Social Services Agency  
24100 Amador Street  
Hayward, CA 94544  
510-780-8600

SLZ High School-Based Health Center  
50 E. Lewelling Blvd.  
San Lorenzo, CA 94580  
510-317-3167

Girls Inc., Pathways Counseling Ctr.  
13666 E 14th St  
San Leandro, CA  
(510) 357-5515

Allied Psychological Services  
333 Estudillo Avenue, Suite C  
San Leandro, CA 94577  
510-483-7100

Davis Street Family Resource Center  
Counseling  
3081 Teagarden Street  
San Leandro, CA 94577  
510-347-4620

Project Eden  
Assessment, intervention & support for  
drug & alcohol use + anger management  
22646 2<sup>nd</sup> Street  
Hayward, CA 94541  
(510) 247-8200

Family Service Counseling Center  
Counseling for all ages and issues  
2208 San Leandro Blvd.  
San Leandro, CA 94577  
510-483-6715

Pathways Counseling  
Short term and long term counseling  
13666 E. 14<sup>th</sup> St.  
San Leandro, CA 94577  
Seneca Center  
Special Education for youth  
2275 Arlington Drive  
San Leandro, CA 94578  
510-481-1222

Stars Community Service  
Case management and mental health for  
youth and families.  
545 Estudillo Avenue  
San Leandro, CA 94577

Fairmont Hospital  
15400 Foothill Blvd.  
San Leandro, CA. 94578  
(510) 895-4200

***Fun***

San Leandro Parks  
(510) 577-3462

Hayward Area Recreation Department  
(HARD)  
All facilities, pools, parks and programs  
in Eden Area  
(510) 881-6700

San Leandro Pools  
(510) 577-3462

Farrelly Pool  
864 Dutton Ave.  
(510) 569-1245  
(adjacent to Roosevelt Elementary  
School)

San Leandro Family Aquatic Center  
14900 Zelma Street  
(510) 352-POOL (7665)

Ashland Community Ctr. Park  
1530 167th Ave

San Leandro, CA  
(510) 276-9795

Manor Bowl  
887 Manor Blvd.  
San Leandro, CA  
(510) 351-2101

Thrasher Skate Park  
[www.skatenorcal.com/sanleandro.shtml](http://www.skatenorcal.com/sanleandro.shtml)

Bayfair Theatre (Century 16)  
350 Bayfair Shopping Center,  
San Leandro, CA 94578  
(510) 481-0123

***After School Programs***

Ashland Community Center  
Youth Activity Zone - \$30/3 mo's  
Ages-1<sup>st</sup>-8<sup>th</sup> grades, 3-7pm  
1530 167<sup>th</sup> Ave.  
San Leandro, CA 94578  
510-881-6755

Girl Scouts of the SF Bay Area  
Troops all over area + other events  
(510) 562-8470

Boy Scouts of America  
1001 Davis St  
San Leandro, CA  
(510) 577-9000

Girls Inc.  
Counseling and array of programs for girls  
13666 E 14th St  
San Leandro, CA  
510-357-5515

San Leandro Boys & Girls Club  
After school programs and recreational activities  
401 Marina Blvd

San Leandro, CA 94577  
(510) 483-5581

Youth Advisory Council  
9<sup>th</sup>-12<sup>th</sup> graders: events, grants, awards  
Meet @ San Leandro City Hall  
Nicole Espinoza-Roa  
510-577-3462 (get application)

B\*Dazzled Dancers  
1715 - 150th Avenue  
San Leandro, CA 94578  
510-278-9035

Conservatory of Classical Ballet  
1035 MacArthur Blvd.  
San Leandro, CA 94577  
510-568-7728

Dina Star Dancers  
979 Manor Blvd.  
San Leandro, CA 94579  
510-483-9450

Aikido of San Leandro  
All ages – payment plans available  
1033 MacArthur Blvd.  
San Leandro, CA 94577  
510-430-2518

Kid Safe Martial Arts  
Ashland Community Center  
Mark Gothart  
Ages 6-13  
916-201-5105  
kidsafeusa@surewest.net

***Sports Teams/Leagues***

Ashland Little League (baseball)  
16160 Ashland Ave  
San Lorenzo, CA 94580  
(510) 276-9516

San Leandro Little League (baseball)  
P.O. Box 201

San Leandro, CA 94577  
(510) 888-9991

San Leandro Crusaders (Tackle football)  
P.O. Box 904  
San Leandro, CA 94577  
510-233-9033

Southern Alameda County Youth -  
soccer  
17066 Via Margarita  
San Lorenzo, CA 94580  
510-317-0230

### ***Libraries***

Manor Branch Library  
1307 Manor Blvd  
San Leandro, CA  
(510) 357-6252

Mulford-Marina Branch Library  
13699 Aurora Dr  
San Leandro, CA  
(510) 357-3850

San Leandro Community Library  
300 Estudillo Ave  
San Leandro, CA  
(510) 577-3970

San Leandro Library  
384 W Estudillo Ave  
San Leandro, CA 94577  
(510) 577-3474

South Branch Library  
14799 E 14th St  
San Leandro, CA 94578  
(510) 357-5464

### ***Employment Info***

Bayfair Employment Training Academy  
(BETA) (ages 14-24)  
Bayfair Mall  
San Leandro, CA  
510-259-3501

Job Corps  
Educational and vocational training –  
ages 16-24  
510.832.2549

Volunteer Opportunities for youth  
510-577-3462  
[joliver@ci.san-leandro.ca.us](mailto:joliver@ci.san-leandro.ca.us)

### ***School Resources***

Project Eden  
Free presentations to students & staff  
about drugs & alcohol  
(510) 247-8200

Kevin R. Grant  
Life skills workshops, trainings and  
motivational speaking for youth  
2237 Pomar Vista  
San Leandro, CA 94578  
510-301-3589  
[www.kevingrantconsulting.com](http://www.kevingrantconsulting.com)

Eden I&R – info about all Eden Area  
counseling, housing & services  
570 B Street  
Hayward, CA 94541  
510-537-2710  
California Healthy Kids  
Schedule trainings for all staff; use  
online library of resources,...  
Phone: 510-670-4583  
Toll Free: 888-318-8188  
[www.californiahealthykids.org](http://www.californiahealthykids.org)

Big City Mountaineers  
Incredible out-door adventures for small  
groups of youth  
Mark Godley – Executive Director  
[mark@bigcitymountaineers.org](mailto:mark@bigcitymountaineers.org)

R.T. Fisher & Associates  
Teacher Development Courses, College  
Prep Strategies for educators &  
curriculum development  
510-614-3000

[info@rtfisher.com](mailto:info@rtfisher.com)

Safe Routes To School  
Trainings for educators about getting  
youth home safe  
Melanie Grubman  
510.740.3150 x332

Bay Area Youth Center (BAYC)  
Center for youth without a home  
22245 Main Street, Suite 200  
Hayward, CA 94541  
510-727-9401  
[www.bayareayouthcenters.org](http://www.bayareayouthcenters.org)

*Useful links*

Youth Link (through Eden I&R):  
provides referrals to services for youth

[www.alamedaco.info](http://www.alamedaco.info)

Listing of helpful sites for teachers:

[www.sitesforteachers.com](http://www.sitesforteachers.com)

links for lesson plans, printables, ideas...

[www.theteacherscorner.net](http://www.theteacherscorner.net)

[www.teachers.teach-nology.com](http://www.teachers.teach-nology.com)

[www.educationjlab.org](http://www.educationjlab.org)

[www.teachers.net](http://www.teachers.net)

**Cherryland/Hayward Resources**

***Health (physical and mental)***

Crisis Counseling hotline  
510-293-7048

Dorn & Associates  
Drug counseling, parenting classes and  
family counseling  
1290 B Street  
Hayward, CA 94541  
510-889-6091

Hayward Family Resource Center  
Counseling evaluations and assessments  
27287 Patrick Ave  
Hayward, CA 94544  
510-782-2947

Hayward Police Dept. Youth Services  
Intervention Counseling  
510-293-7000

La Familia  
Bilingual counseling, leadership  
training, case management, &  
counseling  
26081 Mocine Avenue  
Hayward, CA 94544  
510-881-5921

Alameda County Tri-City Health Center  
HIV Services  
770 A Street, #106/107  
Hayward, CA 94541  
(510) 727-9233

Planned Parenthood Golden Gate  
1866 B Street  
Hayward, CA 94541  
800.967.7526

Project Eden  
Education and support services related to  
alcohol and drugs  
22646 Second Street

Hayward, CA 94541  
510-247-8200

Family Paths  
Counseling for youth and families  
22455 Maple Ct, Suite #402  
Hayward, CA 94541  
(510) 582-0148  
24-hr hotline: (800) 829-3777

St. Rose Hospital  
27200 Calaroga Avenue  
Hayward, CA

***Fun***

Hayward Plunge Pool  
Lessons, open swim,...  
24176 Mission Blvd  
Hayward, CA 94544  
(510) 881-6703  
Kidsafe Martial Arts  
Southgate Community Center  
26780 Chiplay Ave  
Hayward, CA 94545  
(510) 670-7279, 881-6700 or 916-201-  
5105

***After School Programs***

Y.E.P (Youth Enrichment Program)  
(510) 784-2600 ext. 2778.

Hayward Youth Commission (ages 13-  
20)  
510-317-2309

Police Explorer Program (ages 14-21)  
510-293-8688

YMCA East Bay  
Childcare, youth sports  
24100 Amador Street  
Hayward, CA 94544  
510-259-2928

Eden Area YMCA

951 Palisade St.  
Hayward, CA 94542  
(510) 259-2928

Chabot College – tutoring  
25555 Hesperian Blvd.  
Hayward, CA 94545

Eden Youth and Family Center  
Court School, independent study, tattoo  
removal and family resources  
(counseling)  
680 W. Tennyson Road  
Hayward, CA 94544  
510-887-1146 or 510-782-4470 (Clinic)

Matt Jimenez Community Center  
HARD – programs Monday - Friday  
28200 Ruus Road  
Hayward, CA 94544  
510-887-0400

#### ***Employment Info***

Eden Area Multiservice Center – One  
Stop Career Center  
24100 Amador Street, 3<sup>rd</sup> Floor  
Hayward, CA 94544  
510-670-5700

Bayfair Employment Training Academy  
(BETA)  
Bayfair Mall  
San Leandro, CA  
510-259-3501

#### ***Useful links***

Youth Link (through Eden I&R)  
provides referrals to services for youth  
[www.alamedaco.info](http://www.alamedaco.info)

Listing of helpful sites for teachers  
[www.sitesforteachers.com](http://www.sitesforteachers.com)

links for lesson plans, printables, ideas...  
[www.theteacherscorner.net](http://www.theteacherscorner.net)  
[www.teachers.teach-nology.com](http://www.teachers.teach-nology.com)  
[www.scholastic.com](http://www.scholastic.com)

[www.educationjlab.org](http://www.educationjlab.org)  
[www.teachers.net](http://www.teachers.net)

#### ***School Resources***

Eden I&R – info about all Eden Area  
counseling, housing & services  
570 B Street  
Hayward, CA 94541  
510-537-2710

ICCS: Integrated Counseling &  
Consulting Services  
Drug and alcohol education, recovery  
groups, anger management, conflict  
resolution, tobacco cessation,  
relationship violence, school based  
intervention, psychotherapy and family  
counseling  
22600 Foothill Blvd.  
Hayward, CA 94541  
510-728-9170

Bay Area Youth Center (BAYC)  
Center for youth without a home  
22245 Main Street, Suite 200  
Hayward, CA 94541  
510-727-9401  
[www.bayareayouthcenters.org](http://www.bayareayouthcenters.org)

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San Leandro, CA 94578  
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California Healthy Kids  
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online library of resources,...

Phone: 510-670-4583  
Toll Free: 888-318-8188  
[www.californiahealthykids.org](http://www.californiahealthykids.org)

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Mark Godley – Executive Director  
[mark@bigcitymountaineers.org](mailto:mark@bigcitymountaineers.org)

R.T. Fisher & Associates  
Teacher Development Courses, College  
Prep Strategies for educators &  
curriculum development  
510-614-3000  
[info@rtfisher.com](mailto:info@rtfisher.com)

Safe Routes To School  
Trainings for educators about getting  
youth home safe  
Melanie Grubman 510.740.3150 x332

## **San Lorenzo Resources**

### ***Health (physical and mental)***

San Lorenzo High School-Based Health Center  
50 E. Lewelling Blvd.  
San Lorenzo, CA 94580  
510-317-3167

### ***Fun***

San Lorenzo Community Center Park  
1970 Via Buena Vis  
San Lorenzo CA 94580-2657  
Phone: 510-881-6700

### ***After School Programs***

### ***Sports***

San Lorenzo Little League  
2 leagues: the American and National.  
Registration in Jan.; Season opens in March. On Grant Ave across from Arroyo High P.O. Box 21  
San Lorenzo 94580  
Rich Renteria, 881-8139.

Youth Soccer League  
Registration in Feb., starts in March  
278-7627 or 276-1313

### ***Employment Info***

Bayfair Employment Training Academy (BETA)  
Bayfair Mall  
San Leandro, CA  
510-259-3501

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[www.scholastic.com](http://www.scholastic.com)

[www.educationjlab.org](http://www.educationjlab.org)

[www.teachers.net](http://www.teachers.net)

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Mark Godley – Executive Director  
mark@bigcitymountaineers.org

## **Castro Valley Resources**

### ***Health (physical and mental)***

Evergreen Health Care Center  
20259 Lake Chabot Rd.  
Castro Valley, CA 94546  
(510) 351-3700  
[www.evergreenhealthcare.com](http://www.evergreenhealthcare.com)

AAR local STD testing  
19998 Lake Chabot Rd., Ste #10  
Castro Valley, CA 94546  
(800) 610-0277

Hepatitis: Hepatitis Testing. Same Day  
Hepatitis Test  
Syphilis: Syphilis Testing. Same Day  
Syphilis Test  
HIV: HIV Testing. Same Day HIV Test  
[www.localstdtesting.com](http://www.localstdtesting.com)

Eden Counseling Service  
20253 Redwood Rd. # A  
Castro Valley, CA 94546  
(510) 247-9831  
[www.edencounseling.org](http://www.edencounseling.org)

Eden Medical Center Psychiatric  
Services  
20103 Lake Chabot Rd  
Castro Valley, CA 94546  
(510) 889-5016  
(510) 537-1234 Phone

### ***Fun***

Castro Village bowl  
3501 Village Dr  
Castro Valley, CA 94546  
(510) 538-8100  
[www.castrovillagebowl.net](http://www.castrovillagebowl.net)

Chabot Cinema  
2853 Castro Valley Blvd.  
Castro Valley, CA 94546  
(510) 582-2555  
[www.cineluxtheatres.com](http://www.cineluxtheatres.com)

Agua Linda Swimming Pool  
4393 Moreland Dr.  
Castro Valley, CA 94546  
(510) 886-9988  
[www.agualindapool.com](http://www.agualindapool.com)  
Chabot Swim Club  
18839 Huber Dr.  
Castro Valley, CA 94546  
(510) 581-7103

-Greenridge Park  
6600 Crow Canyon Rd  
Castro Valley, CA 94552

### ***After School Programs***

YMCA  
19722 Center St  
Castro Valley, CA 94546  
(510) 583-6383

### ***Sports***

Track and field runs from February through August, with cross-country from August to December. See <http://www.cvtrackclub.com> or email Coach Jim Phillips at [mail@jamesjphillips.com](mailto:mail@jamesjphillips.com)

Castro Valley Independent Baseball  
3056 Castro Valley Blvd., Box 32  
Castro Valley, CA 94546 (510) 581-4739

Highland Little League  
(510) 886-9871 Castro Valley Strikers  
U16 Girls- Link

Girls Softball League  
(510) 881-1786

Babe Ruth  
Castro Valley Youth Soccer League  
P.O. Box 20338  
Castro Valley, CA 94546  
League Office: (510) 537-5247

-Castro Valley Youth Soccer  
20212 Redwood Rd # 201B  
Castro Valley, CA 94546  
(510) 537-5247  
www.cvsoccer.com

### ***Employment Info***

### ***Useful links***

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[www.teachers.teach-nology.com](http://www.teachers.teach-nology.com)

[www.scholastic.com](http://www.scholastic.com)

[www.educationjlab.org](http://www.educationjlab.org)

[www.teachers.net](http://www.teachers.net)

### ***School Resources***

Eden I&R – info about all Eden Area  
counseling, housing & services  
570 B Street  
Hayward, CA 94541  
510-537-2710

Financial Education/Literacy  
Associated Community Action Program  
Otis Ward  
24100 Amador Street, 3<sup>rd</sup> Floor  
510-259-3819

California Healthy Kids  
Schedule trainings for all staff; use  
online library of resources,...

Phone: 510-670-4583  
Toll Free: 888-318-8188  
[www.californiahealthykids.org](http://www.californiahealthykids.org)

Big City Mountaineers  
Incredible outdoor adventures for small  
groups of youth  
Mark Godley – Executive Director  
mark@bigcitymountaineers.org

### ***Resources to bring into Schools***

Bay Area Environmental Education  
Resource Center is free and open to the  
public:  
2530 San Pablo Avenue, Berkeley 94702  
510-548-2220 x233 or ecologycenter.org  
Can arrange classes and curriculum  
development for schools.

Alameda County Water District  
Free educational programs for k-12  
students  
Public Ed: Frank Jahn – 668-4209  
[Frank.jahn@acwd.com](mailto:Frank.jahn@acwd.com)

California Foundation for Agriculture in  
the Classroom

**Possible programs to bring into schools**

Girls on the Run of the Bay Area  
The Women's Building  
3543 18th Street #31  
San Francisco, CA 94110  
415.863.8942 phone  
415.863.8989 fax  
[info@gotrbayarea.org](mailto:info@gotrbayarea.org)  
Susan Roberts, Executive Director:  
[sroberts@gotrbayarea.org](mailto:sroberts@gotrbayarea.org)  
Sheila Milligan, Program Director:  
[smilligan@gotrbayarea.org](mailto:smilligan@gotrbayarea.org)

Boy Scouts of America  
510-577-9000

Girl Scouts of the SF Bay Area  
1-800-447-4475

YMCA of the East Bay  
510-259-2928

Big Brothers, Big Sisters of the Bay  
Area  
731 Market Street 6th Floor  
San Francisco, CA 94103  
[info@bbbsba.org](mailto:info@bbbsba.org)  
[www.bbbsba.org](http://www.bbbsba.org)  
415-503-4050