



Supervisor Keith Carson District 5 Spring 2012 Newsletter



1221 Oak St., Ste 536
Oakland, CA 94612
Tel. 510-272-6695
Fax 510-271-5151
dist5@acgov.org

The Fifth District includes the cities of Albany, Berkeley, Emeryville and Piedmont; the West Oakland, North Oakland and Rockridge communities and portions of the Grand Lake, Manzanita, Dimond District and Fruitvale neighborhoods.

Dear District 5 Resident,

I would like to wish you and your loved ones a Happy Spring. I enjoyed seeing many of you at our Women's History Month and Planning and Caring events (see back page for pictures). Keep an eye out for our office at the street fairs this summer and fall around District 5!

This season is busy as always at the Board of Supervisors. As Chair of the Budget Committee, I oversee the process to address the budget deficit, which this year totals \$88.1 million. The gap still reflects the effects of a slow economic recovery, less than rosy revenues and higher costs related to an increased demand for services. Please see page 2 for a list of Budget Workgroup meetings to inform the public about the process.

Please read the articles and notices in our newsletter and share it with your friends and family!

Sincerely,

Keith Carson
Alameda County Supervisor, Fifth District

Youth and Family Hubs in Berkeley and Oakland

At recent meetings of the Board of Supervisors, three Berkeley organizations and two Oakland organizations were approved for funding to develop Youth and Family Opportunity Hubs (YFOH) in Northern Alameda County.

A program of the Alameda County Health Care Services Agency, Children & Youth Initiative, the YFOH funds are awarded to organizations that provide wrap-around services that improve attendance and graduation rates among 8th and 9th grade youth.

Berkeley Alliance was awarded a \$100,000 contract, while Berkeley Youth Alternatives and YMCA of the Central Bay Area were both awarded \$200,000 contracts. Youth Radio, which now operates out of a building in downtown Oakland, will receive \$200,000. Alternatives in Action was awarded \$500,000 to establish a youth and family hub in the West Oakland area.

Youth and Family Opportunity Hubs are set up to run through organizations that serve youth and families in a specific geographic area. The hubs are part of a two-year strategy in Alameda County to coordinate resources and deliver

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Summer Day Camp @ Urban YMCA

Sign up today!

Dates: June 18, 2012 - July 27, 2012

Ages: Grades K – 8

Location: M. Robinson Baker YMCA

3265 Market Street
Oakland, CA 94608

Click here for more information about rates and to view a video:

<http://bit.ly/Ju1IQg>

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http://www.acgov.org/form_app/board/district5/involved.jsp

For more information visit:

www.KeithCarson.org

County News



Dontarion Layne, a freshman at McClymonds High School, researches his family history with the help of Alvis Ward of the African American Genealogical Society of Northern California.

Youth Ancestry Project Spring Showcase

Wednesday, May 23, 12 pm – 3 pm

McClymonds High School

2607 Myrtle Street, Oakland, CA 94608

Enjoy student-led activities: African dance, rap performances, West Oakland history trivia and student report-outs about family history projects.

For more information, please call Nicka Smith at 650-906-1145 or email oande@aagsnc.org

Budget Workgroup Update

- Budget Workgroup Meeting: Monday, May 14, 2-3 pm, 125 12th St., Oakland, CA, 4th floor
- Proposed Budget to Board: June 5
- Budget Hearings: June 18-21
- Final Budget Adoption: June 22

At the April 24 Budget Workgroup meeting, Alameda County officials identified a gap of \$88.1 million in the County's 2012-2013 budget.

In the month of May, department heads have been tasked with identifying strategies for closing that gap within specific service areas.

A proposed budget will come before the Board on June 5, followed by a series of public hearings at the Board chambers.

A final budget will be adopted by June 22, 2012.

For more information about the budget, visit:

<http://www.acgov.org/government/budgets.htm>

Cut Your Traffic Fines by up to 50% Program Ends June 30

Alameda County residents with overdue traffic tickets have less than two months left to pay up through an amnesty program that allows some fines to be cut in half.

Since January 1, courts in Alameda County and elsewhere throughout California have offered amnesty to people who have not paid traffic-ticket fines due before January 1, 2009. The amnesty program allows people to make good on their debt and shaves 50 percent off the amount due.

The amnesty program ends June 30, 2012.

For more information, please click here:

http://www.acgov.org/board/district5/pdf/Traffic_amnesty_2012.pdf



Become an Election Worker for the June 5, 2012 Primary

Have you ever wondered how elections work? Are you interested in being more civically involved? Here is your chance!

The Alameda County Registrar of Voters is looking for qualified election workers to serve as inspectors, judges and clerks during the June 5, 2012 primary.

Bilingual workers are especially needed in the following languages: English/Chinese, English/Spanish, English/Tagalog and English/Vietnamese.

To be an election worker, you must fill out a simple application and attend a mandatory training. Applicants must be U. S. citizens 18 years of age or older. High school students 16 years of age or older may apply as well.

For more information on the application process and pay, please call 510-272-6971 or visit:

<http://www.acgov.org/rov/workers.htm>

BUSINESS EXPO 2012

Sponsored by the Emeryville, Albany and Berkeley Chambers of Commerce

**May 24, 2012
4:30 PM - 7:30 PM**

DoubleTree by Hilton Hotel Berkeley Marina
200 Marina Boulevard
Berkeley, CA 94710

For more info: <http://web.emeryvillechamber.com/wcevents/eventdetail.aspx?eventid=1062>

Or call: (510) 652-5223

Healthy Eating Made Easy in 2012



Are you trying to eat healthier? With all of the diets and fads out there, it can be confusing to come up with a plan and stick with it. Gone are the days of the four food groups and the food pyramid.

In 2011, the USDA (United States Department of Agriculture) released an updated set of nutritional guidelines called "MyPlate." Vegetables and grains occupy the largest portions of the plate, with fruits and protein filling out the rest of the dietary picture. Fat-free and low-fat dairy options are recommended to balance out a healthy diet.

The Choose My Plate website has a wealth of information about health eating tips, guidelines for physical activity, how to eat health on a budget, and sample menus. For more information, please visit:

<http://www.choosemyplate.gov/>

Here in Alameda County, there are numerous resources that can help you eat and even grow your own healthy foods. The Alameda County Public Health Department offers classes and resources for pregnant and breast-feeding women through the WIC program:

<http://www.acphd.org/wic.aspx>

CalFresh, California's SNAP (food stamp) program, provides nutritional support for low-income individuals and families: http://www.alamedasocialservices.org/public/services/food_assistance/. A new web and text app shows you which stores in your neighborhood accept food stamps: <http://www.snapfresh.org/>

Phat Beets Produce offers a local, organic CSA (community supported agriculture) box of produce and runs community gardens and education sessions. Discounts for low-income residents are available and EBT/ WIC is accepted. <http://www.phatbeetsproduce.org/>

Click here for a list of Alameda County farmer's markets:

http://www.ecologycenter.org/ebt/pdf/Alameda_Co_brochure.pdf



Get Up to \$5,000 in Rebates & Free Consulting Services to Help Green Your Small Business!

Are you passionate about making green upgrades to your business but not sure where to begin? If so, check out **StopWaste.Org’s Small Commercial Green Materials Rebate Program**. With over 20,000 small businesses in Alameda County, StopWaste.Org is helping small commercials by offering up to \$5,000 in green materials rebates and free consulting services.

The **rebate money** will help pay for recycled-content materials such as salvaged and composite wood, carpet, tile, insulation and recycled paint for building exteriors.

The **free consulting service** will help identify the best ways to green your commercial space; navigate the various energy and water-efficiency rebates available; and provide unbiased opinion on cost-effective strategies to help lower operating costs.

To be eligible, commercial building projects must be no more than 10,000 square feet and enrolled in the program by **June, 2012**. The total amount of funding available is \$50,000, enough for 10 businesses to participate.

For more details, visit the Small Commercial Green Materials Rebate Program at:

<http://www.stopwaste.org/home/index.asp?page=1209>

For questions, contact Wes Sullens at wsullens@stopwaste.org or 510-891-6500.



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<http://www.facebook.com/keithcarsondotorg>

Piedmont Diversity Film Series

Looking for an enlightening activity during the week? Check out the next film in the Piedmont Film Series:

Stonewall Uprising
 Thursday, June 21, 2012

<http://diversityfilmseries.wordpress.com/calendar/>

The location for most of the films in the Appreciating Diversity Film Series is:

Ellen Driscoll Theater
325 Highland Avenue (near Oakland Ave.)
Piedmont, CA 94611

Sponsored by the Piedmont Appreciating Diversity Committee, DiversityWorks, and the Piedmont League of Women Voters



Albany Education Foundation Scoops for Schools

Supervisor Carson and other community members scooped ice cream at the annual event to thank the community for supporting Albany Public Schools. This year, the event took place on Sunday, April 29, 2012. See Albany Patch for pictures from the event:

http://albany.patch.com/blog_posts/scoops-for-schools-brings-smiles-to-the-community#photo-9789125

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integrated systems of services, supports and opportunities at the neighborhood level.

What does that mean for residents and youth? Franklin Hysten, Senior Director of Community Programs for Alternatives in Action (AIA), describes how the funding has allowed them to build out programming at the new McClymonds Youth and Family Center. Youth participate in after-school programs, learn video and music editing, take dance lessons and engage in leadership activities. In addition, AIA is convening a Parent Advisory Council in West Oakland to engage parents in the educational process and increase student retention at West Oakland schools.

For more information about each organization, please visit their websites:

Berkeley Alliance:

<http://berkeleyalliance.moonfruit.com/>

Berkeley Youth Alternatives:

<http://www.byaonline.org/>

YMCA of the Central Bay Area:

<http://www.baymca.org/>

Youth Radio:

<http://www.youthradio.org/>

Alternatives in Action

<http://www.alternativesinaction.org/>

Sign up for the 2012 Project Pipeline / Architecture Summer Camp!

Present by: San Francisco Chapter of the National Organization of Minority Architects

Orientation: 7/12 @ 7pm

Camp: 7/13, 7/14, 7/20, 7/21, 8:30am-5:30pm

Location: California College of the Arts
1111 Eighth Street, San Francisco

5 scholarships available

Register early at <http://www.sfnoma.net>

Click here for more information:

http://keithcarson.org/2012_CAMP_SFNOA.pdf



Malcolm X Jazz Arts Festival

Saturday, May 19, 11 am—7 pm

San Antonio Park, 18th Ave. an Foothill Blvd, Oakland

For more information or to volunteer:

<http://www.eastsideartsalliance.com/>

Community Events in District 5



Supervisor Carson honored “Women’s History Trailblazers” on March 28, 2012 at Vessel Gallery in Oakland. Honorees were Berkeley Fire Chief Debra Pryor (pictured above, left), Oakland Fire Chief Teresa Deloach Reed (pictured above, right) and Alameda County District Attorney Nancy E. O’Malley (not pictured). Read the full story here:

<http://www.acgov.org/board/district5/pdf/PressReleaseWomenTrailblazers3-28-2012.pdf>

Supervisor Carson visited Piedmont High School (pictured above), Albany High, Oakland Tech, Berkeley High and Emery Secondary School this Spring to speak with students about the role of County government and the importance of youth voices in the social justice movement .

Alameda County welcomed U.S. Treasurer Rosie Rios for a special Economic Forum on March 19, 2012 at the State Building in Oakland. Ms. Rios discussed the state of the U.S. economy and opportunities for economic development in Alameda County.



The Planning and Caring Forum drew more than 150 people to the North Oakland Senior Center on April 28, 2012. Experts from local senior centers, elder care organizations and technology companies provided Alameda County residents with resources to help



seniors and their caregivers plan for the future. Read the full story here:

http://www.acgov.org/board/district5/pdf/PR_Planning_post.pdf