

Free and Safe Disposal of Unwanted Medicines

The Medication Disposal Initiative is a partnership with local pharmacies, health professionals, public and private organizations that are committed to providing proper disposal sites for unwanted medicines. This program keeps people safe by preventing the accumulation of pharmaceuticals in homes.

DID YOU KNOW

Over 80% of waterways tested in the U.S. show traces of common medications such as acetaminophen, hormones, blood pressure medicine, codeine, and antibiotics?

How to Return Unwanted Medicines

1. Gather expired, left-over medications and supplements
2. Pour all pills into a sealable plastic bag. Keep ointments and liquids in their original containers
3. Bring medicine to a pharmacy disposal site
4. Ask onsite staff about the disposal program and follow their instructions

What Can You Take Back?

YES: Items Accepted

- Prescription medications*
- Over-the-counter medications
- Medication samples
- Vitamins and supplements
- Medicated ointments/lotions
- Liquid medication in glass or leakproof containers

NO: Items Not Accepted

- Needles and Sharps
- Thermometers
- Controlled prescriptions
- IV bags
- Bloody or infectious waste
- Personal care products
- Empty containers
- Hydrogen Peroxide
- Aerosol cans
- Syringes

*No controlled prescriptions or hazardous substances please! If you have these items, consult your local law enforcement agency website for more disposal options.



What You Can Do To Minimize Pharmaceutical Pollution

- Dispose of unwanted medication at take-back sites (see list); Do NOT throw any drugs down the toilet or in the trash
- Purchase drugs in small amounts, limiting expired medications
- Encourage your health provider to take back unwanted medicines
- Commit to health and wellness strategies to reduce your reliance on medications



Medication Disposal Sites

Teleosis Institute

1521B 5th Street, Berkeley, CA 94710
(510) 558-7285

Pharmaca Integrative Pharmacy

5729 College Ave, Oakland, CA 94618
(510) 844-0480

United Pharmacy

2929 Telegraph Avenue, Berkeley, CA 94705
(510) 843-3201

Lobby of the the Elihu M. Harris State Building:

1515 Clay Street, Oakland, CA
Contact the office of State Senator Loni Hancock 510-286-1333

Washington Hospital Main Lobby

2000 Mowry Avenue, Fremont, CA 94538

HHW Drop-off Site - Hayward Alameda County

2091 West Winton Avenue, Hayward, CA 94540
(800) 606-6606

Haller's Pharmacy Newark

6170 Thornton Avenue, Newark, CA 94560
(510) 797 2772

About United Seniors of Oakland and Alameda County

United Seniors of Oakland and Alameda County (USOAC) is a non-profit organization that grew out of an organizing project in 1986 undertaken by and for elderly persons. Our goals are:

- To surface and develop older adult leadership capacity
- To develop an older adult strategic plan
- To address broad based older adult issues
- To increase community involvement



United Seniors of Oakland and Alameda County

Eastmont Town Center (mall), Entrance C
7200 Bancroft Avenue, Suite #178
Oakland, CA 94605
<http://www.usoac.org>

Medication Disposal Initiative

Dispose of Unused Medicines





OLD PILLS PILING UP?

Dispose of Unwanted Medication at Pharmaceutical Disposal Sites in Alameda County

How to Dispose of Unwanted Pharmaceuticals

Pour all unwanted pills into a sealable plastic bag, but keep ointments and liquids in their original containers. Bring medications to a medicine take-back site; we recommend that you call the site before bringing items for disposal.

Controlled substances are NOT accepted by the disposal sites listed below. Please contact your local law enforcement agency to find out where you can dispose of controlled substances.

Berkeley

- Pharmaca Integrative Pharmacy - 1744 Solano Ave., Berkeley (510) 287-1651
- Teleosis Institute - 1521B 5th Street, Berkeley (510) 558-5285
- United Pharmacy - 2929 Telegraph Ave., Berkeley (510) 843-3201

Fremont

- Haller's Pharmacy & Med Supply - 37323 Fremont Boulevard, Fremont (510) 797-2772
- Fremont Recycling & Transfer Station - 41149 Boyce Road, Fremont (510) 252-0500
- Washington Hospital Main Lobby - 2000 Mowry Ave., Fremont
- Washington Hospital Community Health Resource Library - 2500 Mowry Ave., Fremont

Hayward & Union City

- HHW Drop-off Site Hayward Alameda County 2091 West Winton Ave., Hayward (800) 606-6606
- Washington Township Medical Group - 33077 Alvarado Niles Road, Union City

Livermore

- HHW Livermore Facility - 5584 La Ribera Street, Livermore (510) 670-6460

Newark

- Haller's Pharmacy Newark - 6170 Thornton Ave., Newark (510) 797- 2772
- Washington Township Medical Group at Newark - 35500 Dumbarton Court, Newark
- Washington Township Medical Group at Warm Springs - 46690 Mohave Drive, Newark

Oakland

- Alta Bates Peralta Outpatient Pharmacy - 3100 Telegraph Ave., Ste. 1100 Oakland (510) 869-8835
- HHW Drop-off Site Alameda County - 2100 East 7th Street, Oakland (800) 606-6606
- Medicine Drop-off @ Elihu M. Harris State Building - 1515 Clay Street, Oakland (510) 287-1651
- Pharmaca Integrative Pharmacy - 5729 College Ave., Oakland (510) 740-1468

Questions about pharmaceutical disposal? Contact 510-558-7285 or visit www.teleosis.org