Alameda County Behavioral Health Care Services

MENTAL HEALTH & SUBSTANCE USE SERVICES

Alameda County Behavioral Health AB 109 Funding Recommendation Fiscal Year 2023-2024

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Alameda County Behavioral Health Community-Based MH/SUD Providers

- Annual Funding Recommendations:
- Recovery Residence Services-\$408,997
- Mild to Moderate Services-\$1,577,000
- ◆ Felton SMI-\$1,710,354
- Alameda County Behavioral Health (ACBH)-\$4,483,534







Recovery Residence Services Total Investment: \$408,997



Recovery Residences

- Recovery Residences provide a safe place that supports a client's potential for healthy sober living.
- These sober living environments support clients by providing treatment, developing a strong support system, and helping achieve full time employment.
- The residences provide 5-hours of low intensity treatment per week.

Recovery Residences Objectives

- Recovery residences assist clients in accomplishing the following goals:
 - Establish and maintain recovery from substance use and attain stabilization.
 - Increase self-sufficiency and improve quality of life.
 - Adopt a voluntarily-maintained lifestyle characterized by sobriety, personal health, and personal responsibility.

Recovery Residences Services

- In FY 2021-2022, 338 clients were served by Recovery Residence Services.
- Currently 117 clients are being served.
- Program target is 275 clients served per year.





Questions from Fiscal and Procurement

- ► Q: Was the SUD AIR Data specific to AB 109 Beds?
- A: Yes, specific to AB 109. There are 23 total AB109 RR beds.
- Q: If beds are not fully used. Are all funds not used?
 A: ACBH only charges AB109 for beds used by AB109 clients.

Questions from Fiscal and Procurement

- Q: Presentation said 338 Clients were served in FY 2020-2021. Is this AB 109 Clients or everyone?
- ► A: The 338 identified were AB109 clients.
- Q: How is the process reconciliation (charges to AB109) done?
- A: ACBH receives a quarterly list of AB109 eligible clients from Probation. ACBH prepares invoices and charges AB109 when the full allocation is reached.





Mild to Moderate

Mental Health Case Management Services Total Investment: \$1,577,000



Mild to Moderate Mental Health Case Management Services

► A Forensic Assertive **Community Treatment** model is used to provide reentry case management and treatment for individuals with mild to moderate mental illness who are justice involved.





Mild to Moderate Mental Health Case Management Services



These three-phase programs first stabilize the client, second help the client transition into the community by providing linkages to services; third support the client's sustainability while monitoring for additional support needed.

The program engages clients for 9 months and extensions are approved on a case by case basis.



Mild to Moderate Mental Health Case Management Services

- Services started in FY 2020-2021.
- Over 200 clients have been served since services started.
- Currently 61 clients are being served.
- ACBH and ACPD are working closely with Felton and Roots to increase caseloads to 225 clients served a year.



Mild to Moderate Outcomes

Quality Measures

Percent of clients who progress through all three Program	52%
Model Phase within the designated time period.	
Percent of clients who receive two or more mental health	62%
services per month in the first three months of enrollment (to	
be collected by ACBH)	
Percent of clients admitted into the program who are	95%
retained for at least two months or are transitioned to a more	
appropriate program	
Percent of clients who complete all three phases of the	93%
program who have an individualized sustainability plan upon	
program exit	

Mild to Moderate Outcomes

Impact Measures

Percent of clients who have a medical home within 95% the first two months of enrollment

Percent of clients who have an appointment with 58% their primary care physician within the first four months of enrollment

Percent of clients who are eligible for Medi-Cal who 63% are enrolled in Medi-Cal within two months on enrollment

Success: Movement from Incarceration (SMI) Intensive Case Management Services Total Investment: \$1,710,354





SMI Mental Health Case Management

- Intensive case management services for clients with serious mental illness.
- Felton staff engage clients multiple times a week and are responsive to client needs including responding during crisis.
- The program engages clients for 18 months and extensions are approved on a case by case basis.



SMI Mental Health Case Management

- Services started in FY 2020-2021.
- ► 140 clients have been served to-date.
- Currently 67 clients are being served.
- Program target is 125 clients per year.





SMI Mental Health Case Management

- Felton and ACBH are working to expand the scope of SMI services for FY 2023-2024.
- New scope will include "in-home outreach" model for clients and additional support and consultation to ACPD.
- Felton SMI is also increasing its staffing to include additional bilingual/bicultural staff and a peer ambassador model to improve client services.

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SMI Mental Health Case Management Outcomes

Quality Measures

Percent of clients who progress through all three Program	70%
Model Phase within the designated time period.	
Percent of clients who receive two or more mental health	80%
services per month in the first three months of enrollment (to	
be collected by ACBH)	
Percent of clients admitted into the program who are	80%
retained for at least two months or are transitioned to a more	
appropriate program (to be collected by ACBH)	
Percent of clients who complete all three phases of the	54%
program who have an individualized sustainability plan upon	
program exit	

SMI Mental Health Case Management Outcomes

Impact Measures	
Percent of clients who have a medical home within the first two months of enrollment	90%
Percent of clients who have an appointment with their primary care physician within the first four months of enrollment	95%
Percent of clients who are eligible for Medi-Cal who are enrolled in Medi-Cal within two months on enrollment	86%



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MENTAL HEALTH & SUBSTANCE USE SERVICES

Alameda County Behavioral Health Mental Health & Substance Use Treatment Services

Total Investment: \$4,483,534



- In FY 21/22, ACBH was able to provide \$26.0 million of services to AB 109 clients.
 - ▶ \$14.4 million of Medi-Cal and other revenue.
 - ► \$7.1 million in costs are covered by ACBH.
 - ► \$4,483,534 million is covered by AB 109 costs.
- Renewal of the ACBH AB 109 allocation will continue to off-set the costs and ensure AB 109 clients can continue to receive critical services.

Investment funds 132 county operated and community-based programs. Services include:

- In-custody mental health services at Santa Rita Jail
- Community-based mental health services
- Out-of-Custody Substance
 Use Services
- Case and Care Management

- Crisis Services
- Psychiatric emergency in-patient services
- Crisis residential treatment programs
- Subacute treatment programs



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SUD specific services include:

- Withdrawal Management/Sobering Services
- Narcotics Treatment Program
- Outpatient SUD Services
- Intensive Residential SUD Treatment

- In FY 21-22, ACBH provided 125,325 services to 3,598 AB109 clients.
- AB109 client mental health service visits increased each of the past two fiscal years from 56,605 in FY 19-20 to <u>63,384 in FY 21-22</u>.
- SUD AB109 client visits have seen a slight decrease in visits from 74,929 in FY 19-20 to <u>61,941 in FY 21-</u> <u>22</u>.



AB 109 Clients Receiving ACBH Services FY 18/19 to FY 21/22



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ACBH Mental Health & SUD Outcomes

- After engaging in ACBH mental health services, AB109 clients had substantial declines in incarcerations, and increased engagement in out-ofcustody ACBH services and non-emergency primary care.
- From FY 19-20 through FY 21-22, in the 12-months following initial mental health visit, there was a 21% decline in AB109 clients who were incarcerated.



ACBH Mental Health & SUD Outcomes

- After engaging in ACBH SUD services, AB109 clients had substantial declines in incarcerations, and increased engagement in out-of-custody ACBH, sobering, and non-emergency primary care services.
- From FY 19-20 through FY 21-22, in the 12-months following their initial SUD visit, there was a 20% decline in individuals who were incarcerated.

ACBH Mental Health & SUD Outcomes

- AB109 clients connected to ACBH intensive outpatient services (e.g., full-service partnerships or treatment teams), also have significant positive outcomes:
 - ► 14% decrease in incarceration
 - ► 26% decrease in psychiatric hospital admissions
 - > 27% decrease in days in psychiatric hospital days
 - > 20% increase in primary care physical exams





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