AGENDA ITEM REQUEST

Community Corrections Partnership Executive Committee (CCPEC)

Note: This agenda item request is due at least six (6) weeks prior to CCPEC meeting. Email requests to ProbationCommunityPrograms@acgov.org.

TO: Community Corrections Partnership Executive Committee (CCPEC)
 c/o Alameda County Probation Department
 Marcus Dawal, Chief Probation Officer
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FROM: Name: Juan Taizan

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 Forensic, Diversion, and Re-entry Services Director

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This agenda item is being submitted for consideration by the Community Corrections Partnership Executive Committee (CCPEC) at their meeting on <u>March 20th, 2023</u>.

Title/Subject/Description: AB 109 Reentry Services: Sustaining Access and Supporting Success for the Alameda County Justice Involved Reentry Population with Mild to Moderate Mental Illness.

Background Information: Since February 1, 2020, Alameda County Behavioral Health (ACBH) has contracted with Felton Institute (Felton) and ROOTS Community Health Center (Roots) to provide evidence-based programs for clients with mild to moderate mental illness. Felton's Mission to Motivate (M2M, South/East County) and ROOTS Nia Care (North County) programs provide services centered around evidence-based practices to Alameda County Probation Department clients. AB 109 funds have been allocated twice, \$2,500,000 in fiscal year 2017-2018 and \$1,577,000 in fiscal year 2021-2022. Since 2020, the milt to moderate programs have served 200 clients. Both contracts are set to expire on June 30, 2023. ACBH is requesting a 1-year contract extension and the programs be funded through AB 109 allocation through the end of fiscal year 2023-2024.

Fiscal Impact*, if any: Will require allocation of \$1,577,000 for fiscal year 2023-2024

Recommended action to be taken: Approve a one-year contract extension and increase the contract amounts for Felton's Mild to Moderate and Roots Nia Care reentry programs so there can be continuity and sustainability of services.

*When requesting funding, please answer the questions in either Section 1 or 2 below. If requesting funding for a new program idea, answer the questions in Section 1. If requesting funding for a program with an existing AB 109-funded contract, answer the questions in section 2.

Signature: ____

Print Name and Title: _Juan Taizan, Forensic, Diversion, and Re-entry Services Director

Section 2: Request to Renew, Modify or Extend an Existing Contract

Information About the Program

- What part of the AB 109 population was served under the previous contract? (For example: unhoused individuals, clients disengaged from Probation Services, etc.)
 - AB109/AB1950 eligible candidates and South Alameda County Probation referrals.
- What client needs were addressed? (For example: housing, employment, substance abuse etc.)
 - Referrals to housing, employment, and government funding agencies. Emergency financial and food assistance. Skill building, counseling, and groups.
- How many people did your organization serve under the contract? In FY 21/22 79 total clients were served.

How many people was your organization expected to serve under the contract? - 225 clients per year

- Please provide a summary of the program.
 - Probation Funded
 - Clients are AB109/AB1950 Eligible
 - Clients on the Mild to Moderate Mental Health spectrum
 - Majority of clients seeking Case Management Support with some Mental Health

A Forensic Assertive Community Treatment (FACT) model is utilized and aimed at providing reentry case management and treatment services for individuals with Mild to Moderate Mental Illness who are justice involved. These three-phase programs first stabilize the client, meet immediate basic needs i.e., mental health services, housing, food, Medi Cal enrollment; second help the client transition into the community by providing linkages to presenting needs; third support the client's sustainability while continuously monitoring services to support and assess the client's ability to independently maintain stability and services within their community.

- Please provide a list of the objectives achieved by the program/activity.
 - FY 21/22, Felton M2M: 3,785 Services Provided- 116 Referrals made
 - FY 21/22, Roots NiaCare: 226 Services Provided- 287 Referrals made
 - Resources Provided:
 - Clipper Cards
 - o DMV Vouchers
 - o Clothes
 - Hygiene Products
 - o Gift Cards
 - Linked to SSI and Vital Document Establishments
 - Linked to Psychiatry Services
 - Linked to local PCP

• Did your organization invest any resources to make the program/activity successful? (For example: staffing, development of workshops etc.)

Both Mild to Moderate programs invested heavily in staff training to improve client engagement and clinical skills these trainings included:

 Gender Affirming Trainings, Cultural Humility Trainings, Training on commercially sexually exploitation, Justice Services Participation in the George Mason Enhance Academy, Eye Movement Desensitization and Reprocessing Training, Motivational Interviewing Training, Groups of Stages of Change, Trauma-Informed Integrated Behavioral Health, and Black Music and Movement The Power To Heal.

The programs also invested in resources for their clients. These included:

- Art groups, Black History Month Celebration, Hispanic Heritage month celebration, Team Building Activities, and resources such as DSM-5TR and DSM-5.
- Did you do any outreach to the target population, outside of referrals by Probation? If so, what were the results of your outreach?
 - Both programs conducted outreach to various county agencies (e.g., the Public Defender's Office, Santa Rita Jail, and other community-based program). Outreach was also conducted to individuals who walked-in to the program sites seeking services and to individuals who were already members of the respective programs. Client enrollment from these efforts was not as high as anticipated.
- Describe how successfully your organization achieved your contract milestones and the other contract deliverables?
 - Although it has been challenging to make contact with clients due to lack of ability to check AB109 status in real time and to retain clients, typically due to client's having multiple life challenges (e.g., non-operational phone numbers, unstable housing, etc.), the programs have been working hard to extend their outreach efforts and specialize treatment to fit justice impacted individuals and families.

Successes:

- Built relationships with existing clients.
- Assisted in emergency funds, transportation, referrals to housing agencies.
- Provided skill building and counseling services to existing clients.
- Collaborated with existing agencies/programs to provide comprehensive care.
- Extensive case management or navigation services and connection to housing & employment resources.

Background Research

- Is the program/activity evidence based or a promising new idea?
 - Interventions and modalities used by the programs are evidence-based and best practices in mental health and substance use treatment. These include:
 - The FACT Model
 - Cognitive Behavioral Therapy/Interventions (CBT)
 - Motivational Interviewing

CCPEC Policies & Procedures

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- Narrative Therapy
- Systems Theory
- Solution Focused Therapy
- Harm Reduction
- Cognitive Mapping
- If the program/activity is an evidence-based program, what does the research say about it?
 - Motivational Interviewing is a type of counseling approach that helps our clients resolve feelings of ambivalence and anxiety, empowering our clients in recognizing the stages of change and taking ownership of their transitional journey.
 - FACT Model is a service delivery model intended for folks with serious mental health issues and who are involved in the criminal justice system.
 - CBT allows for the client to evaluate and examine their own thoughts, behaviors, and emotions helping them to recognize escalating negative thoughts and emotions and how to regulate using strategies to change their thinking.
 - Harm reduction assists in working with clients with dual diagnoses through compassionate approaches to managing mental health without necessarily having to achieve sobriety first.
- If there is existing research, was the research done on a population similar to the population served?
 - Yes, there is existing research on the evidence-based practices, and the research shows these practices are used on reentry population with Substance Use Disorder and Mental Health issues.
- How do milestones/contract deliverables compare to the outcomes of similar work in other jurisdictions?
 - The milestones and contract deliverables that were set for the mild to moderate programs are comparable to other behavioral health and case management programs in other jurisdictions that are serving the mild to moderate population. These include intensive outreach and services, connecting clients to critical benefits and resources, and stabilizing the client until a longer-term program can provide services.
- Is Probation funding any similar activities?
 - AC Probation is not funding similar activities targeting the justice involved community.
- If Probation is funding similar activities, what is unique about this program/activity, why is it necessary?
 N/A
- Lived experience can often provide a layer of knowledge often not captured by traditional research methods. Please provide any anecdotal knowledge based upon lived experiences that contributes to or strengthens your proposed program/activity.

Felton M2M

"So far, Felton has kept their word and provided me with the services I needed. They helped me with scheduling with doctors and dentist appointments, which I had a hard time in getting. I look forward to continuing working with my case manager on my journey getting back to my norm."-JL, Felton client

Roots NiaCare

During FY 22/23, a member connected with NiaCare Health Navigator, Kisha, at Lao Family Community Development. Kisha assisted the NiaCare member with Medicare enrollment, EBT, and a referral to Roots Behavioral Health. While the member had been familiar with the work Roots does in the community, they expressed the importance of connecting to the NiaCare program, "Kisha guided me through and got everything on track." In addition to working with Kisha to address housing and employment-related barriers, the member was connected with NiaCare Behavioral Health Clinician, Tiffany. They continue to meet with Tiffany for therapy sessions and highly recommend Roots services as a whole, "They are some great people, I'm glad they're in the community helping people out."- Roots client

Program Data

- How many people were referred to the program/activity by Probation?
 - 116 Felton M2M FY 21/22
 - 251 Roots NiaCare FY 21/22
- Why should the contract be extended/renewed/modified rather than going out to bid?
 - The contract should be extended/renewed because the population served under this program experiences immediate, short- and long-term challenges and barriers as a result of being justice-involved, including accessing health care, employment, housing, education, benefits, food, and other support. M2M programs and services increase access to these critical services by making them available in a familiar and trusted community setting offering a broad array of support services including primary care, legal barrier removal, and employment and training services. M2M programs specifically address individuals with mild-moderate mental health symptoms, which is a population that usually falls through the cracks of the system due to lack of services and programs targeted toward this population.
- Please provide program milestones and other contract deliverable data.
 - Felton M2M- FY 21/22
 - o 3,785 Services Provided
 - 116 Referrals made
 - Roots NiaCare- FY 21/22
 - 226 Services Provided
 - 287 Referrals made
- Has this contract been extended or adjusted before? If so, how many times and why?
 - The original allocation was provided in fiscal year 2017-2018. The mild to moderate contracts were extended through fiscal year 2020-2021 with no fiscal impact due to remaining funds.
 - The second allocation was provided in fiscal year 2021-2022 and the contracts were extended through fiscal year 2022-2023.

Fiscal Impact

- What is the total proposed budget for the requested program/activity?
 - The total budget requested for fiscal year 2023-2024 allocation is \$1,577,000.
- What was the total budget for the program/activity under the previous contract?
- **CCPEC Policies & Procedures**

- The last AB 109 allocation was \$1,577,000.
- If the proposed budget is higher than that of the previous contract, please justify the increase.
 N/A
- If the proposed budget is lower than that of the previous contract, please explain.

o N/A ^{7}m Signature: Print Name and Title: Juan Taizan, Forensic, Diversion, and Re-entry Services Director

CCPEC Policies & Procedures