

# Alameda County Behavioral Health AB 109 Funding Recommendation Fiscal Year 2024-2025

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# Alameda County Behavioral Health Community-Based MH/SUD Providers

## ▶ Annual Funding Recommendations:

- ◆ Recovery Residence Services-\$429,447
- ◆ Mild to Moderate Services-\$1,615,850
  - Felton M2M: \$815,850
  - Roots Nia Care: \$800,000
- ◆ Felton SMI-\$1,795,872
- ◆ Alameda County Behavioral Health (ACBH)-\$4,707,711



# Recovery Residence Services Total Investment: \$429,447

# Recovery Residences

- ▶ Recovery Residences provide a safe place that supports a client's potential for healthy sober living.
- ▶ These sober living environments support clients by providing treatment, developing a strong support system, and helping achieve full time employment.
- ▶ The residences provide 5-hours of low intensity treatment per week.

# Recovery Residences Objectives

- ▶ Recovery residences assist clients in accomplishing the following goals:
  - ▶ Establish and maintain recovery from substance use and attain stabilization.
  - ▶ Increase self-sufficiency and improve quality of life.
  - ▶ Adopt a voluntarily-maintained lifestyle characterized by sobriety, personal health, and personal responsibility.

# Recovery Residences Services

- ▶ In FY 2022-2023, 489 clients were served by Recovery Residence Services
  - 338 in FY 21/22 (increase of 151 clients)
- ▶ Currently 90 clients are being served.
- ▶ Program target is 275 clients served per year.



# Recovery Residences Success Stories

- *AB109 referral that had been using opiates since he was a teenager, came to Options Recovery Services and was able to remain substance free for the 12 months he was in the program. He was able to obtain full time employment and accepted back into his children's life. This person continues to provide support for the new clients at Options Recovery Services. He is passionate about his continued sobriety and a life free of criminal activity. He is also very active in his church for continued outside support.*
- *AB109 client that has been in and out of correctional institutions for 30 years as a direct result of his meth use, has been free from substances and criminal activity since coming to Options Recovery Services 9 months ago. He recently completed treatment, is working part time and attending higher education to learn media / production through a grant. He is also very active in his 12-step program / community.*



# Recovery Residences Success Stories

- *A 42 yr. old AB109 client, using since he was 13 years old, has been in and out of jail for the past 26 years. Unable to hold on to a job, his freedom, nor his sobriety; caused a big rift with family relationships. He never thought he'd ever get off probation, stay clean and sober, or ever have a stable job. With CURA's support, he will have a year clean and sober in Feb., he's been working full-time since April last year, he has a healthy savings, he has rebuilt his relationship with family, he's in a healthy committed relationship for the first time and is looking for his own place now. He is also due to complete his AB109 Probation in April. We at CURA, are all very proud of him and all the success he has been achieving!*







**Mild to Moderate**

**Mental Health Case Management Services**

**Total Investment: \$1,615,850**

- Felton M2M: \$815,850

- Roots Nia Care: \$800,000

# Mild to Moderate Mental Health Case Management Services

- ▶ A Forensic Assertive Community Treatment model is used to provide reentry case management and treatment for individuals with mild to moderate mental illness who are justice involved.



# Mild to Moderate Mental Health Case Management Services

- ▶ These three-phase programs first stabilize the client, second help the client transition into the community by providing linkages to services; third support the client's sustainability while monitoring for additional support needed.
- ▶ The program engages clients for 9 months and extensions are approved on a case-by-case basis.



# Mild to Moderate Mental Health Case Management Services

- ▶ Services started in FY 2020-2021.
- ▶ Over to 200 clients have been served from FY 2020-2023.
- ▶ 114 total clients served in FY 22/23.
  - 64 total clients served in FY 21/22
- ▶ Currently, 82 clients are being served.
- ▶ ACBH and ACPD are working closely with Felton and Roots to increase caseloads to meet the goal of 200 clients served a year.



# Mild to Moderate Outcomes

## Quality Measures

Percent of clients who progress through all three Program Model Phase within the designated time period.	39.5%
Percent of clients who receive two or more mental health services per month in the first three months of enrollment	51%
Percent of clients admitted into the program who are retained for at least two months or are transitioned to a more appropriate program	93.5%
Percent of clients who complete all three phases of the program who have an individualized sustainability plan upon program exit	92%

# Mild to Moderate Outcomes

## Impact Measures

Percent of clients who have a medical home within the first two months of enrollment	87.5%
Percent of clients who have an appointment with their primary care physician within the first four months of enrollment	66%
Percent of clients who are eligible for Medi-Cal who are enrolled in Medi-Cal within two months on enrollment	61%

**Success: Movement from Incarceration (SMI)  
Intensive Case Management Services  
Total Investment: \$1,795,872**



# SMI Mental Health Case Management

- ▶ Intensive case management services for clients with serious mental illness.
- ▶ Felton staff engage clients multiple times a week and are responsive to client needs including responding during crisis.
- ▶ The program engages clients for 18 months and extensions are approved on a case-by-case basis.





# SMI Mental Health Case Management

- Services started in FY 2020-2021.
- 155 clients have been served from FY 2020-2023.
- 82 total clients served in FY 22/23
  - 51 total clients served in FY 21/22
- Currently 55 clients are being served.
- Program target is 120 clients per year.



# SMI Mental Health Case Management Programmatic Updates

- ▶ SMI heavily participated at CORE (Center of Reentry Excellence) tabling events, resulting in robust and fruitful collaborations with community partners, helping identify resources for clients that are tailored directly to their needs.
- ▶ SMI established a new Peer-Based Mentoring Model
  - Peer mentors have had successful reentry experiences and serve those who have been recently discharged from incarceration
  - Undergo training to enhance their mentoring skills, including active listening, conflict resolution, and providing emotional support
  - Peers are matched with clients based on shared experiences, interests, specific reentry needs, fostering a sense of understanding & relatability

# SMI Mental Health Case Management Outcomes

## Quality Measures

Percent of clients who progress through all three Program Model Phase within the designated time period.	62.5%
Percent of clients who receive two or more mental health services per month in the first three months of enrollment	80%
Percent of clients admitted into the program who are retained for at least two months or are transitioned to a more appropriate program	80%
Percent of clients who complete all three phases of the program who have an individualized sustainability plan upon program exit	60%

# SMI Mental Health Case Management Outcomes

Impact Measures	
Percent of clients who have a medical home within the first two months of enrollment	90%
Percent of clients who have an appointment with their primary care physician within the first four months of enrollment	60%
Percent of clients who are eligible for Medi-Cal who are enrolled in Medi-Cal within two months on enrollment	85%

# Mild to Moderate and SMI Referral Challenges

- Unable to verify AB 109/Probation status in real time
- Unable contact and retain clients due to life challenges (e.g., non-operational phone numbers, unstable housing, etc.)
- Not enough referrals and about half either don't have a phone number, address, client refuses services, unable to be found, and/or move out of state

# Mild to Moderate & SMI Staffing Challenges

- Funding does not allow to offer competitive salaries to increase retention and reduce turnover.
- Difficulty finding qualified candidates who want to work with our reentry community members.

# Alameda County Behavioral Health Mental Health & Substance Use Treatment Services

Total Investment: \$4,707,711

# ACBH Mental Health & SUD Services

- ▶ In FY 22/23, ACBH was able to provide **\$26.6 million of services to AB 109 clients.**
  - ▶ \$13.8 million of Medi-Cal and other revenue.
  - ▶ \$8.3 million in costs are covered by ACBH.
  - ▶ \$4,483,534 million is covered by AB 109 funding.
- ▶ Renewal of the ACBH AB 109 allocation will continue to off-set the costs and ensure AB 109 clients can continue to receive critical services.



# ACBH Mental Health & SUD Services

Investment funds 154 county operated and community-based programs. Services include:

- ▶ In-custody mental health services at Santa Rita Jail
- ▶ Community-based mental health services
- ▶ Out-of-Custody Substance Use Services
- ▶ Case and Care Management
- ▶ Crisis Services
- ▶ Psychiatric emergency in-patient services
- ▶ Crisis residential treatment programs
- ▶ Subacute treatment programs

# ACBH Mental Health & SUD Services

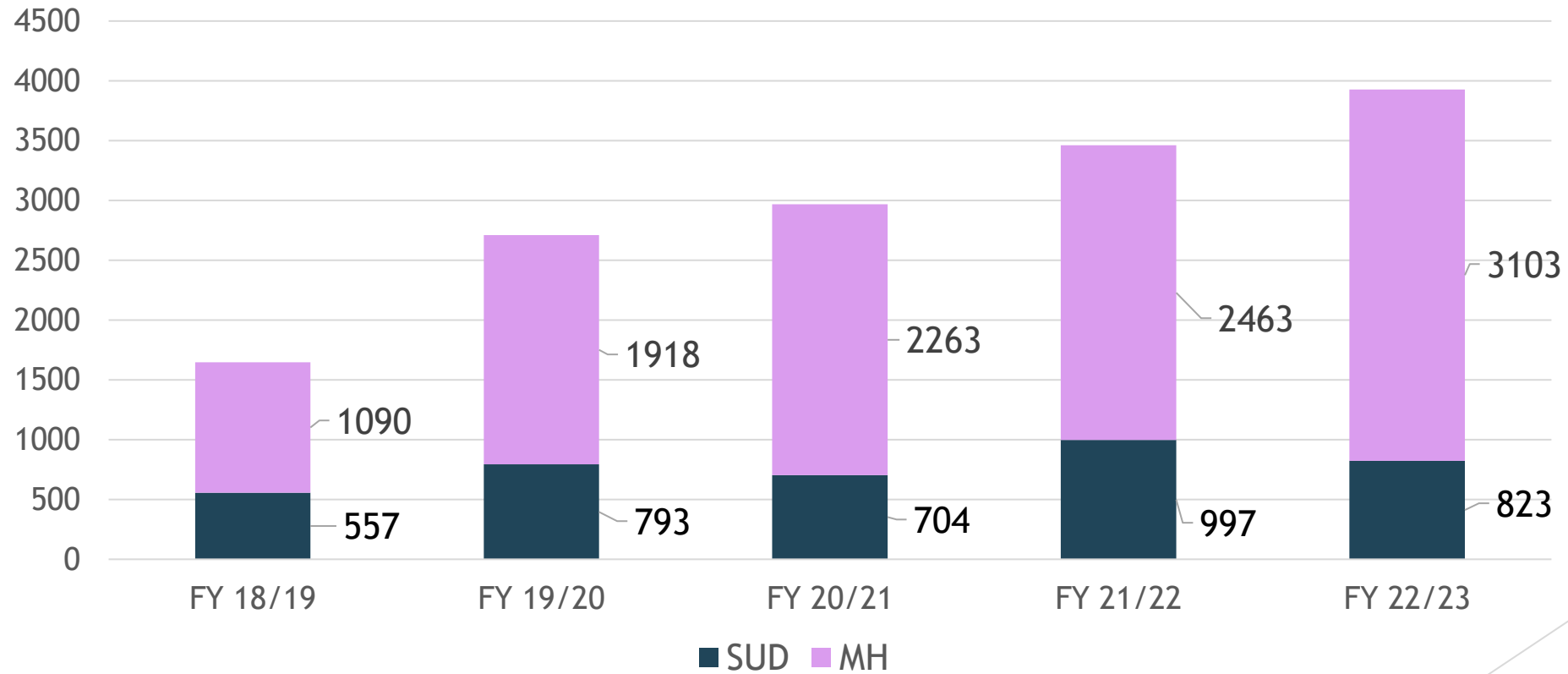
SUD specific services include:

- ▶ Withdrawal Management/Sobering Services
- ▶ Narcotics Treatment Program
- ▶ Outpatient SUD Services
- ▶ Intensive Residential SUD Treatment

# ACBH Mental Health & SUD Services

- ▶ In FY 22-23, ACBH provided 126,086 services to 3,369 AB109 clients.
- ▶ AB109 client mental health service visits increased from 63,477 in FY 21-22 to 68,570 in FY 22-23.
- ▶ SUD AB109 client visits have seen a slight decrease from 61,941 in FY 21-22 to 57,516 in FY 22-23.

# AB 109 Clients Receiving ACBH Services FY 18/19 to FY 22/23



# ACBH Mental Health & SUD Outcomes

- ▶ After engaging in ACBH mental health services, AB109 clients had substantial declines in incarcerations, and increased engagement in out-of-custody ACBH services and non-emergency primary care.
- ▶ From **Calendar Year 2020 through 2023**, in the 12-months following initial mental health visit, there was a **20% decline in AB109 clients who were incarcerated.**

# ACBH Mental Health & SUD Outcomes

- ▶ After engaging in ACBH SUD services, AB109 clients had substantial declines in incarcerations, and increased engagement in out-of-custody ACBH, sobering, and non-emergency primary care services.
- ▶ From **Calendar Year 2020 through 2023**, in the 12-months following their initial SUD visit, there was a **23% decline in AB109 clients who were incarcerated.**

# ACBH Mental Health & SUD Outcomes

- ▶ AB109 clients connected to ACBH intensive outpatient services (e.g., full-service partnerships or treatment teams), also have significant positive outcomes:
  - ▶ 14% decrease in incarceration
  - ▶ 29% decrease in psychiatric hospital admissions
  - ▶ 15% decrease in days in psychiatric hospital days
  - ▶ 29% increase in primary care physical exams

thank  
you

**Alameda County** ac  bh  
**Behavioral Health Care Services**  
MENTAL HEALTH & SUBSTANCE USE SERVICES