

Vote^{for} Health

Your Life Matters!

**WIN
PRIZES!**

- Giveaways at every booth!
- Free drawings every hour!



Oakland

Monday, October 17

9am - 3pm

Alameda County Conference Center
3rd & 4th Floor Conference Rooms
125 12th St.

Hayward

Friday, October 21

9am - 2pm

Eden Area Multi-Service Center
2nd & 3rd Floors
24100 Amador St.

Dublin

Wednesday, October 26

7am - 2pm

Alameda County Sheriff's Dept.
Office of Emergency Services
4985 Broder Blvd.

Benefit Providers

Representatives from:

AFLAC, CIGNA, Claremont EAP,
Commuter Check Direct, Delta Dental,
Hyatt Legal - MetLaw, Kaiser Permanente,
Land Home Financial, Liberty Mutual,
Prudential, UnitedHealthcare, VSP

Free Health Screenings

For ALL County Employees at all locations:

Seasonal flu vaccine, blood pressure,
bone density

For UnitedHealthcare Members

(Oakland 9am-2pm; Hayward 9:30am-1:30pm;
Dublin 9am-1pm): BMI, blood pressure,
cholesterol, & blood glucose

Wellness Exhibits

- Free chair massage
- Delicious smoothies
- Fitness, nutrition, stress management & more

For more information,
email: wellness@acgov.org

This program is co-sponsored by the Risk Management Unit of the County Administrator's Office and the Employee Benefits Center, a Division of Human Resource Services. County employees wishing to attend must obtain approval from their supervisor in advance of the day they plan to attend. Approval is based upon workload demands and staffing considerations.