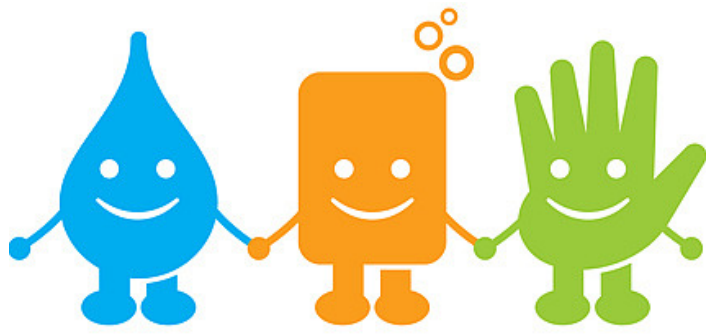


PRECIOUS WATER

Hand washing is THE number one thing you can do to prevent the spread of illness in your child care program.

Proper hand washing:



1. Turn on water and wet hands (leave water running).
2. Apply soap and scrub (away from the running water) for 20 seconds. *Sing *Row, Row, Row Your Boat* twice.*
3. Rinse hands completely.
4. Dry hands completely.
5. Use paper towel to turn off faucet.

That seems like a whole lot of running water in this historic California drought!

So how can you save water while the tap is on?

1

AERATORS

Low flow aerators are an affordable way (\$1-\$5!) to reduce your water consumption and save money.

2

ADAPTERS A hands-free faucet adapter attaches to your existing faucet at a reduced cost. This prevents cross-contamination because you don't have to worry about having to turn off the sink once you've washed your hands. And because water only runs while you're using it, you end up using less water.

3

CONSERVE ELSEWHERE

Where else can you teach children and staff to save water? In the kitchen? Outside? Can you install a rain barrel? **Every drop counts!**