



# Board of Supervisors

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**FOR IMMEDIATE RELEASE**

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## **United Seniors of Oakland and Alameda County Presents the 16<sup>th</sup> Annual Healthy Living Festival!** *Free senior-age fair promoting health and wellness*

OAKLAND, CA – Alameda County Supervisor Nate Miley and United Seniors of Oakland and Alameda County (USOAC) will host more than 2,000 seniors, their friends, and family members on **THURSDAY, SEPTEMBER 19<sup>th</sup>** from 8AM-2PM at the Oakland Zoo.

USOAC President Miley states, “California’s seniors are the fastest growing segment of the population, and by 2026 the number of elderly Californians is expected to climb by 2.1 million. The reason why this event is so important is that we are providing resources on support services for thousands of seniors, so they are more prepared for the unique economic challenges. The Silver Tsunami is coming, and I am proud of Healthy Living Festival’s track record of preparing and supporting our seniors.”

The Healthy Living Festival has a proud history of engaging seniors to mobilize politically and champion new solutions in aging services which many older adults rely on including access to food, housing, healthcare, pedestrian safety, financial assistance and supportive services that have a powerful, positive impact on seniors’ economic security. The festival also includes health screenings, medication take back, musical entertainment, Tai Chi, Zumba, exclusive access to 700 native and exotic animals and the 56-acre California Trail, and the rides on the new gondola ride for free.



For more information please visit the USOAC <https://www.usoac.org/> web site to register!