

Medi-Cal Mental Health Services Designed for Alameda County Juvenile Probation

Introduction

This guide is intended to help you identify services for probation-involved youth with adjustment and/or mental health problems. These programs were designed to provide treatment in the context of the youth's family and community.

The Funding

Through a contract with Behavioral Health Care Services (BHCS), the agencies in this guide can serve youth who have **full-scope (unrestricted) Alameda County Medi-Cal** under a funding stream known as **EPSDT**. If an agency has additional funding that allows it to serve youth without Medi-Cal, this is noted under "Other Services/Additional Info."

Treatment Services

Services include individual, family and group therapy, but treatment will be individualized to the youth and family. Goals will be developed with the participation of the client, and with input from the family. Goals may include: reducing mental health symptoms; improving communication and anger management skills; and changing behaviors that put youth at risk. Family work may provide parenting support and skills, communication, and identification of resources.

Service provision is designed to be flexible. Most agencies have some evening and weekend hours available. Please refer to the individual program descriptions, and/or call the contact person for more information.

How to Refer

Referrals are most often initiated by the assigned probation officer, although direct contact with the agency may be helpful. After identifying a program that seems to be a possible match, call the program contact person, who will confirm eligibility.

Mental Health Services for Probation Youth

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Juvenile Probation Youth**

| ALAMEDA FAMILY SERVICES (formerly Xanthos) EPSDT Probation Youth Program | |
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| Contact for information and referrals: Ryan Mendoza 522-8363 x120 | Address: 2325 Clement Ave. Alameda, CA 94501 |
| Geographic area served (where clients live): Primarily the City of Alameda; some capacity to serve Oakland, San Leandro. | |
| Where services are delivered: At the home or school, in the community, or at the agency's office | |
| Bilingual Capacity: Varies—please call for availability. | |
| Program Description: Serving youth on Probation Services provided primarily include family counseling, crisis intervention, and individual counseling; linkages with other support systems; and collateral work with family members, schools, probation, and other community agencies. | |
| Other Services, Additional Info: Parenting classes, AOD services, drug testing. No group therapy. | |

| ALTERNATIVE FAMILY SERVICES Inroads to Independence | |
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| Contact for information and referrals: Jeana Reynolds 839-3800 x379 (cell: 707-338-4439) Guillermo Alvarez 839-3800 x310 (cell: 282-5653) | Address: 111 Myrtle Street, Suite 102 Oakland, CA 94607 |
| Geographic area served (where clients live): Berkeley, Fremont, Hayward, Oakland, Richmond, San Leandro, San Pablo, Vallejo | |
| Where services are delivered: At the home or school, in the community, or at the agency's office | |
| Bilingual Capacity: Spanish, Tagalog | |
| Program Description: Serving youth on Probation who are at risk of violating probation, and/or needing out-of-home placement, and experiencing adjustment difficulties and/or mental health problems. | |

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Individual and group services are provided to assist in family stabilization and adjustment. Service intensity is 1–5 hours per week, according to individual need and preferences.

Other Services, Additional Info: Independent living skills training; reunification support (primarily focused on therapeutic visitation with family, behavior management, and parent education/skills development).

CENTER FOR FAMILY COUNSELING

Pathways to Choice

Contact for information and referrals:

Gwen Lindsey
562-3731

Address:

9925 International Blvd. #6
Oakland, CA 94603

Geographic area served (where clients live): East Oakland

Where services are delivered: Office in East Oakland

Bilingual Capacity: Spanish

Program Description:

This program offers clinic-based, outpatient mental health services to youth on Probation and their families. Services include: individual and group counseling for youth; family therapy; crisis intervention; and case management. The program will work closely with schools, probation officers, and other providers.

Other Services, Additional Info: Can also see youth without Medi-Cal – please call for details.

CITY OF FREMONT, YOUTH AND FAMILY SERVICES

Youth Service Center; Truancy Intervention Program; Robertson High School Program

Contact for information and referrals:

Lisa Gioia
574-2111

Address:

39155 Liberty Street, Suite E500
Fremont, CA 9453

Geographic area served (where clients live): Primarily Fremont

Where services are delivered: Fremont Family Resource Center or Robertson High School

Bilingual Capacity: Spanish. Others vary – please call for availability.

Program Description:

Serving youth who are under the supervision of Juvenile Probation or who are exhibiting pre-delinquent/delinquent behaviors. Services include a family-focused assessment, individual and group therapy for youth; family therapy; family crisis intervention; collateral contacts with schools, probation officers, and other providers; and case management.

Crisis intervention and three follow-up sessions are available to *any* probation youth, through a contract with the Probation Department. If ongoing counseling services are needed, the

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youth and family can be seen under Medi-Cal, other health insurance, or a sliding fee scale (based on income and household size).

If youth is a parent of a child under five with behavioral/emotional problems, specialists in the early childhood mental health program can also work with the youth.

Other Services, Additional Info: Program can address gender identity and sexual orientation issues. Can also see youth without Medi-Cal—please call for details.

EAST BAY AGENCY FOR CHILDREN (EBAC)

Probation Mental Health Program

Contact for information and referrals:

Kacy Carr
225-8290

Referrals may also be faxed to 268-1073, “Attn: Probation Program.”

Address:

303 Van Buren Avenue
Oakland, CA 94610

Geographic area served (where clients live): Oakland

Where services are delivered: Primarily at West Oakland office—client’s home/school also possible. Dewey and Rugsdale Schools

Bilingual Capacity: Spanish

Program Description:

Serving youth currently on probation, coming out of placement, or in a court-mandated diversion program, and who require treatment for mental health symptoms including poor motivation, depression, academic failure, and anxiety.

This program works in partnership with the Probation Department to provide youth on probation with mental health services adapted to the circumstances of the referral and the client’s needs. Services include assessment, individual, group and family therapy, collateral services, plan development, and crisis intervention.

Most services will be provided at EBAC offices in the Grove Building, which is easily accessible for West Oakland residents. There is also some capacity for in-home, school or community-based services, if needed.

Other Services, Additional Info: Oakland City funding will provide for services to Dewey and Rugsdale schools.

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| FRED FINCH YOUTH CENTER Visiting Therapist Program | |
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| Contact for information and referrals: Sandra Amador Mora 482-2244 x335 | Address: 3800 Coolidge Ave. Oakland, CA 94602 |
| Geographic area served (where clients live): Within 90 miles of Oakland | |
| Where services are delivered: At the home or school, in the community, or at the agency's office | |
| Bilingual Capacity: Spanish | |
| Program Description: This program provides individual, family therapy, and case management services in the client's home. The goals include stabilizing the client's living situation or placement and supporting the client around mental health issues. Treatment goals include stabilizing youth in their developmental drive toward adulthood. | |
| Other Services, Additional Info: Will see youth with a history of sexual offense (if otherwise appropriate for program). No group therapy. | |

| SENECA CENTER Community Mental Health Services for Probation Youth | |
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| Contact for information and referrals: Julie Hess 777-5300 x233 or Janelle Natal 777-5300 x210 | Office location: 2275 Arlington Drive San Leandro, CA 94578 |
| Geographic area served (where clients live): Within 90 miles of Oakland | |
| Where services are delivered: At the home or school, in the community, or at the agency's office | |
| Bilingual Capacity: Interpreter services for Spanish, Vietnamese and Cantonese | |
| Program Description: The program serves probation youth who are at risk of out-of-home placement. Typical duration of treatment is 3-5 months. There must be an identified caregiver for the youth. . Services are provided exclusively in the community and address risk factors occurring in the family, school, community and peer subsystems of the youth's life. | |
| Other Services, Additional Info: **All Referrals Must Come Through the Probation Officer. EXCLUSIONS: (1) The program cannot serve youth whose only or primary reason for referral is sex offense-related.* (2) The program cannot serve youth who are exhibiting suicidal, homicidal or psychotic behavior, <u>unless</u> there is also anti-social or acting out behavior (such as truancy, shoplifting, running away, physical/verbal aggression, non-compliance with probation, etc.). | |

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*Youth who have previously engaged in sexualized behavior or sex offenses can be accepted into the program, as long as this is not the primary reason for referral.

TBS services are available for clients needing a time-limited 1:1 behavioral intervention to avoid high-level residential placement or psychiatric hospitalization.